

South Plainfield Observer

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60 CENTS

NOVEMBER 19, 2010

Cappy Awardees to be Honored

By Jane Dornick

South Plainfield residents William Cochran, Sr. and Richard Plate will be honored as this year's Cappy Award winners at a dinner to be held on Saturday, Nov. 27 at the Senior Center. The award, named after the late Tulio Capparelli, is given to deserving individuals who have dedicated their lives to helping the youth of the borough.

Cochran has been known as "The Voice of South Plainfield" for over 30 years. He began announcing at high school football games in 1980 and then at boys and girls basketball games and wrestling meets in 1985, as well as operating the scoreboard. Cochran is more prominently known as the grandstand emcee for the past 28 years at the annual Labor Day parade. He was the grand marshal of the parade in 1998. For the past 22 years he has served as emcee for the annual high school Thanksgiving homecoming pageant.

In addition to announcing, Cochran has been a commissioner of the South Plainfield Recreation Commission since 1986 and its president since 1988. He coached both boys baseball and girls softball on and off from 1978 through 1990. Cochran served as Junior Baseball Club "A" League director from 1979 through 1980 and as commissioner from 1981 to 1984,

the first ever to serve a four-year term. He was also the club's snack stand chairman from 1985 to 1991. In addition, Cochran was vice president and executive board member of the South Plainfield Pop Warner Football Association from 1984 to 1985.

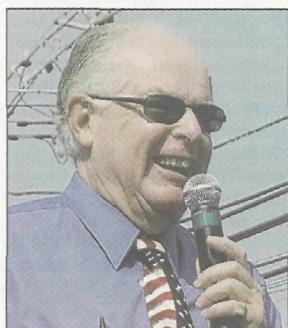
Elected president of the N.J. State Federation of Umpires, Cochran presently serves as the organization's treasurer. He was honored in 2004 as the plate umpire for the Parochial "B" state final softball game, and this year served as plate umpire for the Group III state final softball game.

Cochran has been performing in community theater with the group Act IV of the First Unitarian Society in Plainfield since 1999. He began directing two years ago, and is currently involved in the group's production of *The Cemetery Club*, which can be seen on Friday and Saturday, Nov. 19 and 20 at 8 p.m. and on Sunday, Nov. 21 at 3 p.m.

Cochran and his late wife, Lorraine, who moved to South Plainfield in July of 1968, have four children, Brian, Bill Jr., Michelle and Chris.

Cochran served as a South Plainfield Police officer from 1970 until his retirement in 2000, and was PBA Local 100 president from 1975 until 1979.

Cochran has been the co-owner of Mohn's Florist on Plainfield Avenue
(Continued on page 14)



William Cochran Sr.



Richard Plate

Caught in the Act Two Arrested In Burglary

Two Staten Island men were arrested and charged with burglary and possession of burglary tools on November 8. Louis Scala and Jason Reiff are being held at the Middlesex County Adult Correctional Facility in lieu of \$50,000 bail with no 10% option.

The arrests are the result of the South Plainfield Police responding to the 100 block of Pomponio Avenue on a possible burglary in progress report. As police units arrived, Officer Fusaro observed a silver vehicle leaving the area and proceeded to make a motor vehicle stop. The suspects were detained and arrested a short time later.

If anyone has any additional information, they are asked to contact Sgt. Dan Noonan of the South Plainfield Police Department at (908) 226-7673.

Public Invited to Ecumenical Service Of Thanksgiving

The Association of South Plainfield Churches will host an Ecumenical Service of Thanksgiving on Tuesday, Nov. 23 at 7:30 p.m. The worship service will be held at St. Stephen's Lutheran Church, 3145 Park Ave. For information, call (908) 757-4474. All are invited.

Prior to the service at 7:10 p.m. there will be a Thanksgiving Musical Meditation offered by Tom Baker, parish organist, and Mei Lu Wu, a concert pianist who studied at the Central Conservatory, Beijing, and at Stuttgart State University for Music in Germany.



The Lady Tigers celebrate a first place victory at the Greater Middlesex Conference Championship.

Middle School Cross Country Teams Earn First and Second at GMCs

The Girls Middle School Cross Country Team was declared best in the county for the first time in school history. The Lady Tigers outpaced all of their competitors in order to finish first at the Greater Middlesex Conference Championships on October 30.

In a tight race, the ferocious felines proved that hard work and dedication are the keys to success. Dianne Ferraro finished fifth overall, followed by Samantha Soto in sixth, Jennifer Huber in 11th, Danielle DeVizio in 15th, Melanie Cheng in 29th, Moriah Garcia in 39th and Gianna Marcovecchio in 42nd. The girls narrowly defeated Crossroads Middle School of

South Brunswick, 67-66, avenging their dual meet loss the week leading up to the championships.

In the boys race, the tenacious Tigers were powered to second place by their talented team. Placing for the boys were: Nick Castagno in eighth, Jordan Mandel in ninth, Frank Ferraro in 10th, J.T. Colapietro in 17th, Enzo Butrico in 22nd, Zaire Cone in 24th and Ryan Bythell in 33rd. The boys also took home a trophy for third place in the novice race.

The girls end their fantastic season with a record of 13-2. The boys finished up their season with 14 victories and only one loss. Congratulations to both teams on another successful season.

Submitted by Christopher Fish,
Middle School Cross Country Coach



Any moment given in the service of
country is an act of heroism.



Mike Santoro at Franklin School's Veterans Day program. (See pages 6 and 7 for more stories and photos of Veterans Day ceremonies.)

Annual Franklin School Program Honors Veterans

By Patricia Abbott

Franklin Elementary School held its annual Veterans Day program on November 11 in front of a standing room only crowd.

Franklin students wore an array of red, white and blue. The younger students made hats decorated in the American flag colors. Students filled the center area of the gym while the guests of honor—veterans of all ages and areas of our country's armed forces—were seated on the stage.

Franklin had invited students' family members as well as veterans from the VFW, Elks, American Legion and Knights of Columbus. Also invited were former adminis-

trators, Board of Education members and the interim superintendent and assistant superintendent.

The program began with the procession of armed forces flags, along with our nation's flag. Flag bearers Yanderi Batista, Anthony Cintron, Brittany Eustice, Kieran Mangra, Sebastian Santos, Brianna Slover and Cole Young marched down the center aisle accompanied by the Franklin School chorus singing an armed forces medley of tunes and *You're a Grand Old Flag*.

After Principal Ellen Decker-Lorys welcomed the guests, students recited the Pledge of Allegiance and everyone sang *The Star Spangled Banner*. Decker-Lorys then offered her
(Continued on page 8)



Junior Midget Cheer squad ready to earn top scores at Eastern Region Qualifiers on October 31. For story and additional photos, see page 11.

Want to stay informed about the business of your Council and BOE?

FYI

Borough Council Council meetings air on Comcast Channel 96 Mondays at 7 p.m. BOE meetings air on Thursdays at 7 p.m.

To purchase a complete copy of a council or BOE meeting, contact the Observer.

(Check Comcast community bulletin board for last minute time changes.)

council meetings

Meets twice a month on Mondays, *except where noted.

Borough Hall Council Chambers • Questions? 908-226-7605

Agenda Meeting Public Meeting

November 22 November 22

December 6 December 6

All Agenda Meetings begin at 7 p.m. followed immediately by the Public Meeting, unless otherwise noted. Meetings of the Governing Body are held in accordance with the N.J. Open Public Meetings Act (N.J.S.A. 10:4-6 et seq.) in the Council Chambers at 2480 Plainfield Ave.

planningboard

Meets second and fourth Tuesday of the month, *except where noted.

Borough Hall Council Chambers, 7 p.m. Questions? 908-226-7641

Dec. 7.

zoning board of adjustment

Meets second and fourth Thursday of the month, *except where noted.

Borough Hall Council Chambers, 7 p.m. Questions? 908-226-7641

Dec. 9.*

board of education

Meets Wednesdays at Roosevelt Administration Gymnasium on Jackson Ave.

Committee of the whole meetings (begin at 6:00 p.m.) Dec. 8.

2011: Jan. 12, Feb. 9, March 2 and March 30.

Regular Public Meeting (begin at 7:30 p.m.): Dec. 15, 2011: Jan. 19,

Feb. 16, March 16, April 6.

BOE curriculum/technology/student activities

Meets once a month on Wednesdays at 4 p.m. in 2nd floor conference room,

Roosevelt Administration Building on Jackson Ave.

BOE buildings & grounds

Meets second Monday of the month at 7 p.m., 2nd floor conference room,

Roosevelt Administration Building

library board of trustees

Meets once a month on the second Tuesday, at the library at 7 p.m.

recreation commission

Meets once a month on the second Tuesday of the month, except July and August

PAL Building, Maple Ave. 7 p.m. Questions? 908-226-7716

taxpayers advisory group

The Taxpayers Advisory Group (TAG) meets the fourth Tuesday of every month at

Borough Hall, 2480 Plainfield Ave. at 7 p.m. Questions? 908-769-0786.

site plan sub-committee

Meets once a month on the third Tuesday of the month, 7 p.m.

Dec. 21

environmental commission

Meets once a month (second Wednesday) Borough Hall Conference Room, 8 p.m.

Questions? 908-226-7621

Dec. 8, Jan. 12, 2011

business advisory group

Meets once a month (first Wednesday) Borough Hall Council Chambers, 5 p.m.

ad hoc alternative truck route committee

Nov. 29 at 7 p.m. in the Senior Center Questions? 908-226-7605



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SUBMIT YOUR ARTICLES
We encourage the submission of stories and photos. To get an article published: Type (double spaced) the article and mail, email or fax. Include name, address and telephone number. **Deadline for submission is Monday, 5 p.m.**

LETTERS TO THE EDITOR
Submit letters to the editor by mail, email or fax. Letters should not exceed 200 words. We reserve the right to edit for clarity or length. Letters must include name and phone number, for verification.

To comment on the content or to suggest a special story idea,
contact the publisher at (908) 668-0010.

The publisher is not responsible for typographical errors.

In My Opinion

Opinions expressed in this column are not necessarily those of the publisher, nor do we guarantee accuracy.

To the Editor:

My name is Shirley Thompson and for the past seven Christmases I have organized providing Christmas presents and hot Christmas dinners for families in South Plainfield who, without our help, may not have Christmas presents for their children. We also deliver hot Christmas dinners to senior citizens in South Plainfield who would normally receive Meals on Wheels, which does not deliver on Christmas Day. All gifts and food for a hot Christmas dinner are purchased through donations received from local businesses, friends, family and neighbors.

As we mentioned last year, we expect the needs to be greater than in past years and would like to ask for your assistance in donating any of the following items (all items should be new and unwrapped): children's and teenagers' size clothing, pajamas, hats, gloves and scarves, socks, purses for teenagers, games, puzzles and coloring books. All items should be age appropriate for children in elementary through high school. We will also be collecting nonperishable foods and gift cards that we will use to purchase presents or use for food and other items needed to prepare hot dinner for Christmas Day.

If you would like to donate a gift card for a specific use mentioned above, please let us know.

If you are a local business and would like to hold a toy, clothing or nonperishable food drive, please feel free to contact me at (908) 756-7686.

All donated items should be dropped off by December 12 at 131 Montrose Ave. Please be sure to put your name on the package so we can thank you in our yearly article in the Observer.

If you already participate in a holiday fund drive, please continue. I am not looking to take the place of something you already have in place. Please feel free to share this article with anyone you feel would like to help.

Thank you for your consideration.

SINCERELY,
SHIRLEY THOMPSON

Dear Editor,

My siblings and I would like to publicly express our appreciation and thanks to Mr. Jason Oszczakiewicz of The South Plainfield Funeral Home. He recently took charge of handling

the required application and process to have our brother Paul interred with services and honors at the Brig Gen William C. Doyle Veterans Memorial Cemetery. We could not have wanted a more caring, knowledgeable and professional funeral director.

SINCERELY,
JOHN P. ANESH

To the Supporters of Veterans Day:

I would like to personally thank everyone who came out to support our Veterans Day dedication on November 11 at the VFW. The attendance and support made me proud to be commander of the South Plainfield VFW Post #6763.

I would like to personally thank Justin Lesky from South Plainfield High School for playing *Taps* to complete our outdoor dedication, and for Dan Mele for singing a tribute to our veterans.

A special thanks goes out to Assemblyman Patrick Diegnan, Mayor Charles Butrico, Interim Police Chief Jim Parker and Officer John McConville for their attendance and support for our veterans. I also need to thank Presto Printing of South Plainfield for donating all of our printing needs and to the Corner Deli for feeding all of our hungry supporters. Everyone who attended helped make this day a very special one in which I will never forget.

We all remembered and paid tribute to our VFW motto, "Honor the Dead by Helping the Living."

VINCENT PERRY, COMMANDER

Residents of South Plainfield:

"Thank you" seems inadequate to express our appreciation to those who supported us in the November 2 election, but to everyone we say a sincere thank you.

We especially want to thank our volunteers, people who worked hundreds of hours on our behalf. Without them, we would not be in a position to serve.

There's much to do in 2011, and we won't forget why you elected us. We need to continue to focus on making South Plainfield more affordable, both in the year to come and over the long-term. We also need to maintain our community's small-town atmosphere and guard against overdevelopment. We'll work hard to do just that.

Our work is just beginning. But

Submit Your Letters to the Editor:

Send your letters to South Plainfield Observer, 1110 Hamilton Blvd., Suite 1B, South Plainfield, NJ 07080, or fax to 908-668-8819, or via email: spobsobserver@comcast.net. **Deadline is Monday, 5 p.m.** Letters must be accompanied by a name and telephone number for verification. Limit letters to no more than 200 words. We reserve the right to refuse a letter, to edit for clarity or length, and to limit the number of letters submitted on the same subject. Submission is not a guarantee of publication. We do not accept anonymous letters. Letters are strictly opinion.

we can't do it without your help. Never hesitate to call or email us with your concerns and questions. Also, there are openings on many of the borough's boards and agencies. Good government requires public participation, and that's why we encourage you to get involved by applying.

Finally, we want to wish the best to our opponents, Michael English, Jeff Williams and John Sorrentino. Running for public office is not easy, and anyone who chooses to do so deserves the public's appreciation.

Again, thank you to everyone for your support. It will be an honor to continue to serve you. We won't let you down.

MATT ANESH, MAYOR-ELECT
TIM MCCONVILLE, COUNCILMAN
RAY RUSNAK, COUNCILMAN

To the Editor:

Many of you know me as the full-time coin dealer in town. However, I also have wide-ranging knowledge and expertise on several subjects besides numismatics.

For 10 years I was a professional gambler, playing video poker and poker. I have a bachelor's in mathematics and I have written articles on video poker in national publications such as *Strictly Slots*. In addition, I also tutor individuals on all casino games and the use of casino complementaries.

I have been watching and following sports since the age of five, getting very involved since the age of 10. I have given several presentations on baseball, football and college football. I have been a diehard Nebraska Cornhusker football fan for 30 years. I spent almost 10 years in the sports card and memorabilia business.

I love sharing my information with others. If you have a group that would like to be entertained gratis, please do not hesitate to contact me. My email address is gynandroidhead@yahoo.com.

GREG HEIM

(Continued on page 14)

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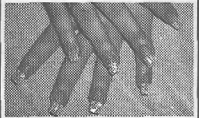


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BOROUGH NOTES

- Michael English announced his resignation from the Recreation Commission and as chair of the Ad Hoc Truck Committee.
- Rita Beckett has resigned from the Cultural Arts Council.
- The council approved a contract for police vehicle towing between the South Plainfield Police Department and Majestic Towing at a cost not to exceed \$35 per hour.
- Edward Marski was hired as a part-time groundskeeper effective November 8.
- The council approved the waiving of fees for a fire permit for the Sacred Heart Church Christmas concert and for the Board of Education annual district music festival to be held March 17, 2011.
- The planning and zoning board application fees were waived for the installation of a generator at Our Lady of Czestochowa Church.
- The council gave final approval on Ordinance #1902 for the licensing and regulation of charitable clothing bins and Ordinance #1905 regulating parking on Leonard Avenue.
- The council voted to adopt the Middlesex County Multi-Jurisdictional All Hazard Mitigation Plan.

French Cuisine at Sacred Heart Food Festival

The Church of The Sacred Heart in South Plainfield will host the fourth in a series of food festivals tonight at 6 p.m., with a French cuisine theme. Provencal French delicacies will be served a la carte, including hors d'oeuvres, soup, entree and dessert.

There will be one dinner seating; tickets will not be sold at the door. Tickets (\$12 per person) may be purchased at the parish office.

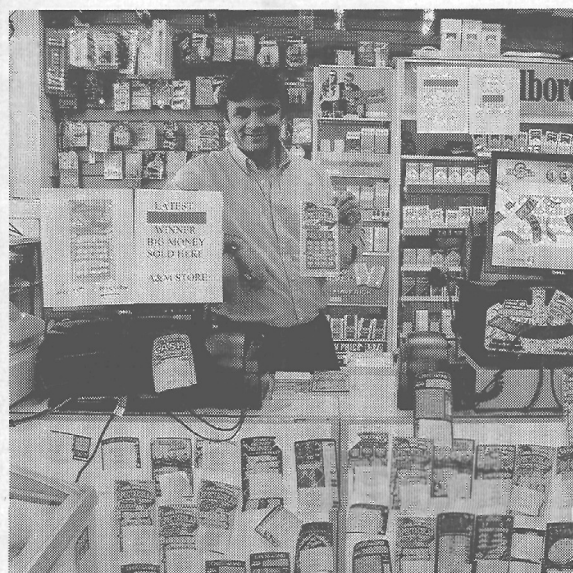
Call (908) 756-0633, ext. 110 for Mary Ann Ronzo or ext. 111 for Liza Thompson.

For more information, call Chef Raul Rodriguez at (908) 755-7277.

Don't look for the Observer next week.

We do not publish Thanksgiving week.

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Mihir Desai, owner of A&M Convenience Store on South Clinton Avenue, sold a winning \$1M scratch-off lottery ticket on November 11. The ticket, a \$100,000,000 Spectacular that sells for \$10, was bought by an out of state resident who works in South Plainfield. The winner, who wished to remain anonymous, is a regular customer of the store. He said he would share the winnings with his children. Previously, A&M sold a winning Cash 5 ticket worth \$67,000, also to a regular customer.

Mackin' Media Billboard Rejection is on Appeal

By Libby Barsky

In September of 2009 Mackin' Media filed an application to the zoning board for a use variance to erect a freestanding 48 ft. by 14 ft. (672 sq. ft.), 70 ft. high digital billboard to be located at the intersection of Durham Avenue and Rt. 287 on the northeast portion of property currently occupied by a gas station.

The location for the billboard is situated along Rt. 287 in an area where three billboards are located. The specific location of the billboard is on property designated an OPA-1, which is zoned for office buildings and two family dwellings.

Zoning Board Chairman Alex Barletta was concerned about the size and amount of digital messages from the billboard and noted the billboard would be close to an apartment complex and a nearby single family home whose residents would see the lit sign from their windows 24 hours per day.

Board member Maria Campagna noted the residents of the apartments already have Rt. 287 and local traffic to deal with, and the proposed location of the billboard at an intersection would be too close to the exit ramp. "This is the gateway to the borough, and having the billboard there doesn't go along with what the gateway should look like," said Campagna.

Although Mackin' Media maintains the billboard has already been approved by the State of New Jersey with the issuance of the Department of Transportation permit, the Zoning Board of Adjustment denied the application in December of 2009.

Mackin' Media has appealed the zoning board's decision, and Judge James Hurley of the Superior Court of New Jersey is deciding the case. According to Zoning Board attorney William Lane, Judge Hurley heard the case on October 29, but Lane has not received any notice of the judge's decision.

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Residents Should Be Aware of Classified Advertising Scams

By Jean Fultz

The next time you browse the classified ad pages, beware!

The *Observer* was recently an unwitting accomplice in a scam which targets innocent job seekers.

A local resident recently responded to a classified ad for childcare in the *Observer*. She sent an email to the address in the ad and received a response saying the position had already been filled. The email asked her to contact a "family friend" who needed someone to work for him part time.

Three days after the resident contacted this "friend" she received an email from someone claiming he was a United States resident based in Canada working with a company called BUTE Fabrics Ltd. He claimed that it was too expensive and stressful for him to come to the United States to receive payments for the company's raw materials and offered to pay 10% of the total amount he was owed if she would deposit the money orders in her account and send the difference to his warehouse manager in China. She was also asked for her name, address, phone number, gender, age, occupation and marital status, which she provided.

A few days later she received notice that the first payment would be arriving via UPS. She was provided with a

tracking number and the UPS website address. She was also given instructions to send the money via Western Union's Money in Minutes and to email him the Money Transfer Control Number (MTCN) for the transaction.

Sensing that something was not quite right, the resident contacted the South Plainfield Police Department.

Because she did not deposit the money order a few days later she received an email from the supposed representative asking, "What's going on with the money with you? Please get back to me as soon as possible if you don't want the FBI to come knocking at your door."

Officer Jim McConville of the South Plainfield Police Department advises residents that if something seems too good to be true, it probably is. In scams such as this one, the money orders turn out to be counterfeit, and banks ultimately absorb the losses.

If you have been the victim of a scam, contact the South Plainfield Police Department, or if the scam involves more than \$1M, contact the local office of the FBI.

SPHS Class of 1961 Planning Reunion

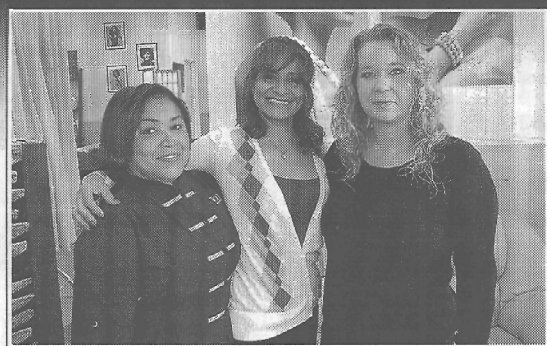
The SPHS Class of 1961 is soon approaching a 50 year reunion. Organizers are attempting to reach out to classmates. If you, or someone you know, is a member of the Class of 1961, please forward this information to Brenda Belardo Ribar, Nancy Kahora Dowd and Geri Trivigno Beyer via email to class1961sps@gmail.com.

Volunteers Sought For HS Principal Selection Committee

A committee to select the next SPHS Principal is being established by Board of Education President Jim Giannakis.

Giannakis is requesting parents, teachers, administrators, former members of the Board of Education and other community members to send their resumes to: Theresa Tempe, Human Resources Secretary, South Plainfield Public School, Roosevelt School Administration Bldg., 125 Jackson Ave., South Plainfield N.J. 07080 or Ttempe@spnet.k12.nj.us.

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This week's specials: prices valid Thurs, Nov. 18 - Wed, Nov. 24, while supplies last.

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Boar's Head Combo 2/3 lb. Genoa Salami 1/3 lb. Provolone \$6.99 lb.	Boar's Head American Cheese \$3.99 lb.	Boar's Head Delux Ham \$5.99 lb.	Boar's Head EverRoast Chicken \$5.99 lb.	Boar's Head Pouch Pepperoni 2 for \$5.00 lb.	

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ome delivery of the Observer, call 908-668-0010 or email spobserver@comcast.net.

events

Around Town

Church Bake Sale

November 20

The Nativity of the Blessed Virgin Orthodox Church, located at 400 Delmore Ave. (corner of Delmore and Belmont), will hold a bake sale on Saturday, Nov. 20 from 9 a.m. to 1 p.m. Special pierogi sale \$5-\$6 per dozen. All proceeds go directly to the church.

Holiday Boutique And Tea Room

November 20

Wesley United Methodist Church, 1500 Plainfield Ave., will hold its annual holiday boutique and tea room on Saturday, Nov. 20 from 9 a.m. to 4 p.m. Enjoy a relaxing luncheon in the tea room. Unique handcrafted items include jewelry, knitted and crocheted apparel and home items, original paintings, stationery, wreaths, wood crafts, and vendors such as Longaberger Baskets, Discovery Toys, Dove Chocolate at Home, Arbonne Skin Care and Party-Lite candles and home furnishings. Enjoy homemade baked goods or take some home. Children can create their own gift or ornament at our "Make-Take Table."

For more information, call (908) 755-3850.

Wrestling Club Fundraising Dinner

November 20

The South Plainfield Wrestling

Club will host its second annual Tiger takedown buffet on Saturday, Nov. 20 at Gabrielle's in Piscataway. Tickets: \$25/adults, \$10/children under 12. Cash bar available. They will also be drawing the winning ticket for its Super 50/50. Proceeds benefit the SPHS wrestling team's trip to the Virginia Duals. Tickets available at the door.

For tickets or information, call Pam Heilmann at (908) 294-6009 or Joe Sacco at (908) 500-7336.

American Legion Breakfast Buffet

November 21

American Legion Chaumont Post #243, located on Oak Tree Avenue, will hold an all you can eat breakfast buffet on Sunday, Nov. 21 from 8 a.m. to noon. Adults: \$6; children \$3; under six, free. All profits go to the scholarship fund.

Cub Scout Pack 224 To Hold a Breakfast

November 21

Cub Scout Pack 224 will hold a breakfast at the Elk's Lodge, located on New Market Ave., on Sunday, Nov. 21 from 8 a.m. to 12 p.m. Cost is \$6 per person.

Thanksgiving Bake Sale at St. Stephen

November 21

St. Stephen Orthodox Church, 609 Lane Ave. (near the high school), is holding a Thanksgiving bake sale on Sunday, Nov. 21 from 10 a.m. to 2 p.m. Cookies, pies, breads, cakes and much, much more. Something for everyone.

For more information, please call (908) 756-0410.

Book Signing By Local Vietnam Vet

November 21

The VFW Post #6763, 155 Front St., will host an author's lecture and book signing on Sunday, Nov. 21 at 1 p.m. by resident, Joseph Belardo.

Dusterman-Vietnam: Story of The Last Great Gunfighters, is a transcript of Belardo's diary and memoirs, including photographs, from when he served in Vietnam along the DMZ in 1967 and 1968 during the TET Offensive.

All are welcome to attend and give this hometown resident a warm "Welcome Home."

For more information, call J. Jake Martinez at (908) 239-7902.

Sacred Heart Christmas Concert

November 28

Sacred Heart Church's 11th annual Christmas concert featuring The Orchestra of St. Peter by the Sea, conducted by the Rev. Alphonse Stephenson will be held on Sunday, Nov. 28 at 3 p.m. Tickets are available by calling (908) 756-0633, ext. 110 or 111. Come and enjoy the wonderful music and welcome in the holiday season.

Following the concert the Knights of Columbus will host a dinner in the school cafeteria. To purchase tickets (\$15), call Kevin Keane at (908) 753-2976 or the parish center at (908) 756-0633, ext. 110.

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"Dress Down" Singles Dance

November 19

Steppin' Out Singles is hosting a "Dress Down" singles dance on Friday, Nov. 19 at 8:30 p.m. at the Woodbridge Hilton Grand Ballroom, 20 Wood Ave. South in Iselin. Admission: \$15. Ages 40 and up; neat jeans OK tonight.

For more information, call (732) 656-1801.

The Connection Worship Service

November 20

Willow Grove Presbyterian Church, 1961 Raritan Road in Scotch Plains welcomes all to be who they are and come to worship at the Connection on Saturday, Nov. 20 at 6 p.m. You will be accepted for who you are— younger, older, gay, straight, conservative, liberal. Live music, a relevant message, relaxed setting and a welcoming Christian community.

For more information, call (908) 232-5678.

Temple Shalom Chanukah Party

November 20

Put on your PJs and celebrate the Festival of Lights on Saturday, Nov. 20 from 4:30 to 6 p.m. at Temple Shalom of Fanwood/Scotch Plains. Chanukah pajama party is free to children ages nine months to first grade.

Temple Shalom is located in the Fanwood Presbyterian Church at the corner of Martine and LaGrande avenues in Fanwood. Our chapel is around the corner off Marian Avenue.

For more information, call (908) 889-4900.

Blackrose to Perform

November 20

Blackrose, the band, playing classic rock and roll music and today's hits, will be performing at the Stagehouse Restaurant, 366 Park Ave. in Scotch Plains on Saturday, Nov. 20 at 10 p.m. No cover charge.

SENIOR CENTER Calendar

Coming Up....

MONDAYS

Silver Sneakers 8:45 am
Crocheting 9:30-11:30 am
Yoga 10:30 am
Art Class 11:30 am

TUESDAYS

Bingo 10 am-2 pm
Ladies Group 10 am

WEDNESDAYS

Aerobics 8:45 am
Line Dancing 10 am
Computer... 10 am, 11:30 am, 1 pm
Crocheting 1 pm
Tai Chi 2 pm

THURSDAYS

(CLOSED THANKSGIVING DAY)

Active Seniors 8:45 am
Shopping Trip 9 am
Crafts Class 10 am
Computer 10 am, 11:30 am, 1:30 pm
Exercise Class 1:15 pm

FRIDAYS

Bingo 10 am-2 pm

Daily Activities: Morning coffee, pool, cards, board games, computer classes, exercise, art, Tai Chi, yoga and crafts. Lunch Served Monday-Friday.

Call (908) 754-1047 for more info or visit www.southplainfieldnj.com

Senior Center is open daily 8 a.m. to 4 p.m. Closed Saturdays & Sundays.

Crescent Choral Society Concert

November 21

Two versions of the Magnificat, written two centuries apart, will be presented by the Crescent Choral Society on Sunday, Nov. 21 at 3 p.m. in the Crescent Avenue Presbyterian Church, located at the corner of Crescent Avenue and 7th Street in Plainfield. Tickets are \$20, \$15 for seniors, and \$5 for students. Tickets may be purchased at the door.

For more information, call (908) 756-2468.

Pictures with Santa For Your Pets

November 21

Bring your pet for pictures with Santa on Sunday, Nov. 21 from noon to 4 p.m. at Best Friends Pet Care, 825 Rt. 22 West in North Plainfield. Cost is \$30 and pictures will be emailed or on disc. All proceeds go to the Plainfield Area Humane Society, (908) 754-0300.

Authentic Christkindlmarket

November 21

The Deutscher Club of Clark, 787 Featherbed Ln. in Clark will host an authentic Christkindlmarket on Sunday, Nov. 21 from noon to 5 p.m. Indoor and outdoor, German atmosphere. Dinners available.

For information, call (732) 574-8600.

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As part of the Clean Communities Adopt-A-Spot program, members of the South Plainfield Business Association removed debris from Church Street across the overpass on Hamilton Boulevard to New Market Avenue on November 6. Pictured (l-r) are Tom Stillman, Marge Reedy, Nancy Grennier and Debbie Boyle. Also assisting were Barbara Whitefleet and Patrick Boyle. Four bags of trash, cans and bottles were removed. If your business or family is interested in adopting a spot, call Alice Tempel at (908) 226-7621.

Thanksgiving Recycling and Curbside Schedule

The South Plainfield Recycling Complex will be closed on Thursday, Nov. 25, Thanksgiving Day. The recycling center and the yard waste site on Kenneth Avenue will be open as usual on Friday and Saturday, Nov. 26 and 27.

Curbside recycling collection in Section 9 will be done on Saturday, Nov. 27 instead of on Thursday.

Regular hours at the recycling center are 12 to 7 p.m. Tuesdays, and 8 a.m. to 3 p.m. on Fridays and Saturdays. The yard waste site is on its leaf season schedule, open 8 a.m. to 3 p.m. Monday through Saturday and until 7 p.m. on Tuesdays.

Call the recycling hotline at (908) 226-7620 for updates.

SPHS English Teacher Gale Pastula Retires

By Libby Barsky

When Gale Pastula returned to South Plainfield after graduating from Elizabethtown College in Pennsylvania with a bachelor's degree in English and a minor in education, she didn't seek a teaching position but resumed working for her parents as she had during high school years, in their gift shop, "The Gift Garden" located in the Golden Acres Shopping Center.

"I didn't always know I would be an English teacher," Pastula said.

By chance a customer, Middle School English teacher Maria LaSalvia Versocki, chatted with Pastula about the need for a long term substitute English teacher at the high school. In 1974 classes were on double session schedule because a new high school was being built.

After interviewing with Principal Harry Lobby, Superintendent of Schools Len Tobias and Assistant Superintendent Stanley Godleski, Pastula started at the old high school in March of 1974.

"New teachers were given the afternoon shift from 1:30 to 4:30 p.m. The new school opened in September of 1974 and I started as a full time English teacher at a salary of \$9,200. This has been my first and only job in teaching," she said. "Change and how to deal with it is the most important thing I have learned in teaching for 34 years."

When Pastula first began teaching changes had been made in the physical

state of the building to changing the learning environment.

"Initially it was a high school without walls. Over the years we have seen the school change as the walls came back into the school," she added.

According to Pastula the biggest change wasn't the school's architecture, but in the student's lack of manners and respect for others.

"When I began teaching, students had more respect for authority than they have now. Parents don't tell their children 'behave yourself'; they say 'be yourself.' Instead of being authority figures, parents today believe they should be friends with their kids," she commented.

Pastula sees this shift in parenting adding to the challenge of teaching students today. She agrees with the comments of Judith Martin, *The Star Ledger's* Miss Manners, who wrote in 1994: "Etiquette skills are a prerequisite for learning anything at all in a classroom setting. When educator's identify the chief problem as a lack of discipline they are really talking about the children's ignorance of etiquette. They are talking about the impossibility of teaching a roomful of children who have not previously been taught to keep quiet and listen even for two minutes, let alone to show respect for authority and consideration for their peers; who do not agree that communal goals may sometimes outweigh individual desires; who have no experience of methods of settling dis-

putes nonviolently and who are ignorant of what is and is not acceptable behavior in the classroom."

Pastula was a class advisor since 1979. "As advisors, we booked the prom—most of the time the junior/senior proms. For the last couple of years each class has its own prom. I ran my last prom last year," she said.

"Every year before the prom I would teach a unit on etiquette. When I started, it was foreign to the students. Now they ask for it. I teach them the salad plate is on the left and if you are at a buffet, always bring a clean plate. They will remember these things and come back years later to tell me they were successful at a wedding, knowing the bread plate is on the left and where a salad knife goes."

Pastula was the team leader for the English department. She worked on the budget and evaluating textbooks and other supplies.

"I've been asked, 'How can you retire?' Well, my mother is terminally ill. I still love my job. One thing I know, this has kept me young. Being with the students makes me aware of everything else going on in the world," said Pastula.

Because of her mother's illness, Pastula has placed retirement plans on hold. Those retirement plans include spending more time with her husband and visiting her son, Daniel, a resident neurologist at the University of California.

From the South Plainfield Library

Bookmarks

By Chris Grippio

The holiday season is fast approaching and the South Plainfield Library has a fun activity for adults.

The library will be hosting a program for adults to make marbled holiday ornaments on Monday, Dec. 6 at 6:15 p.m. The last time this artist was in residence we had a big turnout because she is very good and the activity is a lot of fun. The program is free, but you do need to pre-register which you can do by calling (908) 754-7885 or stopping in to visit us.

Also, we have put on display by the circulation desk our annual collection of holiday music. Not only does this cover standard Christmas tunes (including new CDs by Taylor Swift, Lady Antebellum, Susan Boyle, Glee Christmas, etc.), but other music that is traditional to the season. Also remember that with Thanksgiving next week we also have a large selection of cookbooks with ideas on how to use leftover turkey.

The library will also take this opportunity to remind the members of our community that we have a continuous book/audio-visual sale. Right now its shelves are overflowing with some great buys in both fiction, non-fiction, children and adult, plus audio-books and videos. Our prices are quite

reasonable. So stop in and take a look.

Since Thanksgiving is next week, we want to remind everyone that we will be closing a 6 p.m. on Wednesday, Nov. 24 and will be closed Thursday, Thanksgiving Day, so our staff can celebrate the holiday with their families. We will reopen on Friday, Nov. 26 at 10 a.m. and will have regular hours after that.

And Miss Linda and Miss Mija will only have two programs next week, the normal 10:30 a.m. program on Tuesday for three year olds and up and the 10:30 a.m. program on Wednesday for two/three year olds. There will be no other programs next week.

Again, a reminder about renewing materials. When you log on to our website and click on "library catalog" you will be taken to our library's catalog search screen. In the upper right hand corner, you will see an option to log in. You need to click on those words and you will then be taken to the page where you will need to enter your information. If you have any questions please feel free to call the library.

If you want to visit us and take advantage of one of the best deals in South Plainfield, we are at 2484 Plainfield Ave. next to Borough Hall. And as long as you return them on time, all our items are free to rent.

Mount St. Mary Entrance Testing

Mount Saint Mary Academy in Watchung recently held its entrance test.

Any girl who scored a 100% on the entrance exam will be awarded full tuition for four years and a PC tablet computer. Top scoring eighth graders will receive a PC tablet computer

and a \$5,000 scholarship for each of four years.

Eighth graders who missed the entrance test can contact Donna Toryak, director of admissions, at (908) 757-0108, ext. 4506 or email dtoryak@mountsaintmary.org to arrange to take the test.

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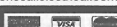
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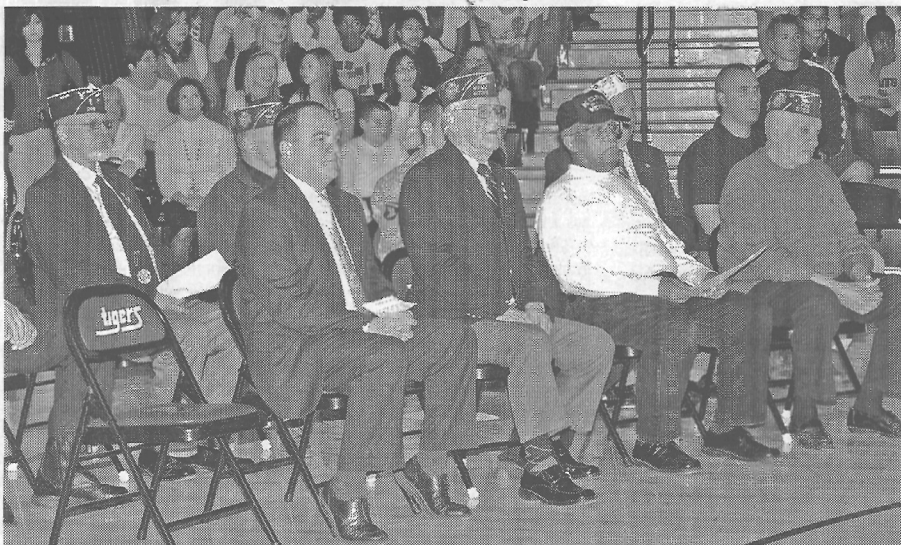
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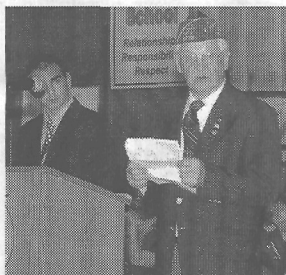
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Middle School Salutes Local Veterans



Metro Kopchak and Middle School Principal Kevin Hajduk.

The South Plainfield Middle School held its annual Veterans Day program on November 11.

Students filed into the gym wearing red, white and blue, each color sitting together to give the illusion of the American flag. The school's chorus and chamber orchestra were also dressed in red, white and blue

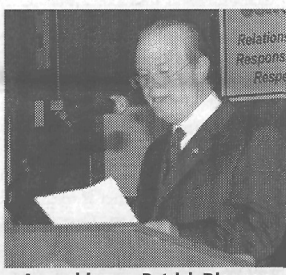
keeping with the patriotic theme. Ceremonies began with the *National Anthem*.

Special guests who were present included veterans representing all armed services. The students gave all of them a standing ovation several times during the assembly.

Teacher Joe Blondo introduced the veterans and explained where each served and what branch they represented.

Speakers included Principal Kevin Hajduk, Student Council President Zaire Cone and Student Council Vice President Shannon Smith. Special guest speakers were Assemblyman Patrick Diegnan, who commended the students for their patriotic dress and how respectful they were toward the guest veterans, Mayor Charles Butrico and VFW member Metro Kopchak.

Also attending were Acting Superintendent of Schools Dr. Gary



Assemblyman Patrick Diegnan Bowen, Board of Education President Jim Giannakis and members Debbie Boyle and Bill Seesselberg.

A video presentation entitled, "I Fought for You," was shown. After the video the students all stood up and gave the veterans a standing ovation.

Principal Hajduk thanked everyone for coming and the assembly closed with the playing of *Taps*.

JUNIOR JOURNALIST

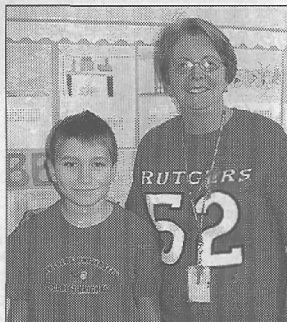
Anthony Barge Named Junior Journalist

Anthony Barge, Kennedy School fourth grader, is this week's winner in the Junior Journalist program. His poem entitled, "Nature," has earned Anthony dinner for his family, courtesy of Hometown Heros.

Students should submit their original written works to their teachers, Hometown Heros or to the *Observer* at 1110 Hamilton Blvd.

Winners and their families will receive a catered dinner from Hometown Heros and will be honored at a year-end banquet in May of 2011.

For more information, call the *Observer* at (908) 668-0010.



Junior Journalist winner Anthony Barge with teacher Cynthia Severino.

Nature

By Anthony Barge

The wind blows in the blades of grass.
The drops of rain go tap, tap, tap.
The sun is bright filled with joy.
The leaves ruffle in the trees.
At night the moon is bright and the color of milk.
That is the beauty of nature.
That is the beauty of nature.

Adopt a Family, Spread Holiday Cheer

With tough economic times comes the opportunity to help families who are struggling at this time. Gifts for children are hard to come by when you need to concentrate on providing shelter and utilities for your family.

The South Plainfield Social Services Department will be organizing the annual "Holiday Project." We locate families in our community having difficulty providing food and some type of holiday gifts.

The project started with the collection of food from the Boy Scout food drive which took place earlier this month. If every family in our community would donate a can or package of food, we could eas-

ily accomplish our goal to provide Thanksgiving food and fill the pantry for the winter.

The next step is the "Adopt A Family" program where you can actually adopt a family for Christmas, or if you are unable to adopt a family, bring in a new gift (clothing is greatly appreciated) to help us to assist these families.

If you would like to participate in this program, please call Margaret Ackerman, director of Social Services, at (908) 226-7625 or stop by Borough Hall.

If you know of a family or senior citizen who might benefit from our program and may not be signed up, please contact Ackerman.

Elks Valuable Student Scholarships

The 2011 Elks National Foundation's Most Valuable Student Scholarship applications are now available. To be eligible to apply for a scholarship, you must be a high school senior and U.S. Citizen. A total of 500 high school seniors nationwide will be awarded scholarships.

For information and to download an application, visit www.elks.org/enf/scholars/mvs.cfm.

The South Plainfield High School

Guidance Department also has information or you can contact your local Elks lodge. South Plainfield Elks ENF representatives are Dan Erickson who can be reached at (908) 242-7100 or Barbara Muller at (732) 690-3871. Applications can be mailed to South Plainfield Elks #2298, 1254 New Market Ave., South Plainfield, N.J. 07080, Attn: ENF Deadline for submission is December 1.

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Sacred Heart School held a Veterans Day ceremony on November 11. Veterans honored at the ceremony were Neil Towey, George Husjoke, John Metz, Robert Golon, Thomas Cudo and Michael Panca.

Hiring Veterans is Good Business

If your company's diversity recruiting strategy fails to include military veterans, you are missing out on working with some of our country's most outstanding men and women. Organizations that fail to recognize the extraordinary leadership qualities that veterans bring to the workplace pass up the opportunity to work with results-oriented employees that have a strong sense of accountability and responsibility. It is time for our country's corporate leaders to awaken to the reality that combat leadership and military discipline translate into dynamic employees who can enhance an organization's productivity.

What essential set of life skills do military veterans bring to corporate America that makes them an indispensable pairing? The military trains our men and women to lead by example as well as understand the nuances of delegation and motivation.

Veterans generally enter the work-

force with identifiable skills that can be transferred to the business world and are often skilled in technical trends pertinent to business and industry. And what they don't know, they are eager to learn—making them receptive and ready hires in work environments that value ongoing learning and training. Even under dire stress, veterans complete tasks and assignments in a timely manner as they have labored under restrictive schedules and resources on the battlefields and military installations that they've served.

Employers can find qualified veterans from a variety of sources including the Employer Partnership of the Armed Forces, Employer Support of the Guard and Reserve, Military.com, HireVeterans.com and the Wounded Warriors Project.

—Submitted by Bill Whitmore, chairman, president and CEO of Allied Barton Security Services, www.alliedbarton.com

Remembering the Dead By Honoring the Living



VFW Commander Vincent Perry

Veterans Day ceremonies were held last week at the VFW. One of the largest crowds ever were in attendance at the ceremonies.

In November of 1919, President

Woodrow Wilson proclaimed November 11 the first commemoration of Veterans Day. The original concept for the celebration was for a day observed with parades and public meetings, and a brief suspension of business beginning at 11 a.m.

In keeping with the original commemoration, VFW Post #6763 held ceremonies on November 11 at 11 a.m. at the VFW hall on Front Street. (Sacred Heart School also held Veterans Day ceremonies. See photo above).

The crowd at the VFW was welcomed by Post Commander Vincent Perry. The post commander and Ladies Auxiliary President Margaret Sheldon placed a wreath at the foot of the flag pole outside the building. The color guard performed a rifle salute and high school student Justin Lesky played *Taps*.

The indoor ceremony included the presentation of colors, the Pledge of Allegiance and Dan McLe singing the National Anthem. Assemblymen Patrick Diegnan, Jr. addressed the audience, along with Mayor Charles Butrico, Acting Police Chief James Parker and Officer John McConville, who recently finished his third tour of duty in Iraq.

The VFW is always looking for new, young members. Meetings are held on the second and fourth Wednesday of the month at 8 p.m. at the hall at 155 Front St. The Ladies Auxiliary is also collecting coupons to send to families with loved ones fighting abroad. So far they have collected over 4,000 coupons. You can drop off any and all coupons at the VFW on Front Street.

For more information, contact the VFW at (908) 668-9751.



Ladies Auxiliary President Margaret Sheldon with Commander Perry during the wreath ceremony.

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The Season For Giving



This Holiday season, we here at the shop will be blessed to have food on our tables but an alarming number of families will not be as fortunate. As the economy has floundered, food banks have seen the number of needy families skyrocket as donations have dwindled. To help, we are collecting food through Christmas.

Please consider dropping off non-perishable food items. You will be directly helping families here in our community. Donate 2 or more items and receive a \$10 gift card in recognition of your kindness.

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Limit one gift card per household. Gift card valid 1/1/2011-2/28/2011

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Veterans Honored at Annual Franklin School Program



(Continued from page 1)
salute to our veterans and the chorus sang *Thank a Vet*.

Before Veterans Day children learned about the holiday and what it means to be a veteran. During the lessons the students discovered that they had grandparents, uncles, sometimes parents, brothers or sisters who were veterans.

Several students read their winning Veterans Day Program poems and essays. This year's winners were John Chabrak, Kristina Shaw, Patrick Berry, Zoe Lambert, Abigail Lapp and Brianna Slover.



Prior to the essay portion of the morning, Decker-Lorys introduced the Veterans in attendance. Representing the Army were: Private Metro Kopchak (past commander VFW), Sgt. Julius Peterson, Staff Sgt. Eric Hamburg, Lt. Colonel Richard Doerr, Private 1st Class Joseph Moroney, Specialist E5 Fred Skrocki,

MPI Edwin Vasquez, Sgt. Joseph Lambert Sr., Sgt. E5 Calvin Gross, Private Robert Eustice, E4 Ronald Zaluska and Sgt. James Geritano.

Navy: Chief Petty Officer Charles Koestner, Fireman 1st Class Ellsworth Bishop, Seaman 1st Class Charles Decker, Chief Petty Officer Douglas Edwards (30 years), P.O.1 Jim Yednak, HT3 Jake Martinez, 3rd Class Petty Officer George Fidecaro and 3rd Class Petty Officer Leo Grabowski Jr.

Marines: Lance Corporal Joseph Karch, Staff Sergeant Charles Shegog, Corporal Greg McGinty, Platoon Sgt. Mike Santoro, Lance Corporal Fred Zebro, Corporal Raymond Costa and Sgt. Richard Gilson. There were several other veterans in the audience as well.

Also in attendance were Interim Superintendent Dr. Gary Bowen and Assistant Superintendent Dr. Lorraine Cella, BOE members Debbie Boyle and Bill Seesselberg and former principal Nancy Erickson.

Tears glistened in many eyes as the children innocently read their literary works. The event was closed by the somber playing of *Taps* by music teacher Glen Parisi. A closing was offered by the principal and the entire room joined in singing *God Bless America*.



Zoe Lambert



John Chabrak



Kristina Shaw



Patrick Berry

VETERANS

By John Chabrak, Kindergarten

My Great Pop-Pop John is a Veteran. He was in the Navy for 24 years. He was in World War 2. My Great Pop-Pop John is old, but he is still brave. Thank you to all of the brave Veterans. Happy Veterans Day

A VETERANS DAY ESSAY

By Kristina Shaw, Grade 2

The Veterans help our country. The Veterans are in the Army, Navy, Marines and the Air Force. My dad was a Veteran before and helped our country. He was in the army. He was in the first Iraq War. I am so proud of him. The Veterans die for us. They stay away from their families for awhile. They protect our country. They protect our country because they want us to be safe. I am so proud of the Veterans. They do a good job!

MY POPPY

By Patrick Berry, Grade 2

My great-grandfather was a pilot in World War II. He flew planes. He was captured by the enemy. He even escaped! They found him again and put him someplace else. He escaped a second time! This time they did not find him. My great-grandfather is a great man. I love my Poppy!

VETERANS DAY ESSAY

By Zoe Lambert, Grade 3

Veterans Day is a special day for honoring the brave men and women of our armed forces. These selfless individuals have all sacrificed something for their country. Some spend many months, even years away from their homes, families and loved ones. Others sacrifice through being hurt or even killed. They fight to keep us safe and protect our way of life and freedom. Our Veterans give all but take little as heroes often do. This is why honoring them is so important and why they should have their own special day.



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The South Plainfield Athletic Department

The South Plainfield High School Athletic Booster Club
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Bring a new unwrapped toy suitable for a Holiday gift to the South Plainfield Athletic Office and receive a free pass to the Thanksgiving Day Game!
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Sports

U-10 ECLIPSE

By Jenn Curtis

Eclipse Battle to 4-1 Victory in Basking Ridge

It takes all kinds of players to make a great team and the SPSC U-10 girls travel team Eclipse have become just that, a great team. Comprised of field

hockey, softball, dance and a few soccer players, they have put together a 5-2-2 record in their first season together on the soccer field. Along the

way, the girls have learned not only how to play soccer but play it well as a united team.

With some nice weather last Sunday morning, the girls traveled to Basking Ridge to take on the Mavericks and took an early 1-0 lead on a goal scored by Alexis Curtis. By the second period, the girls were up 2-0 with a goal scored by Jill Holobowski. Mackenzie O'Brien only allowed one goal in the entire game as the Eclipse star goalie.

The second half brought two more goals for Eclipse, each scored by Alexis Curtis and Jill Holobowski for a final score of 4-1. Neither the fantastic offense or the high powered defense would be possible without the play of Linda Farinella, Victoria Meono, Kaitlyn Smith, Kathryn Delair, Kristen Smith, Olivia Leonardis, Cameron Marks, Gianna Sacco and Samantha Pullen. All of the girls assisted on all four goals scored with great passing, crossing, defending and of course, teamwork.

The proud coaches of Eclipse are Gino Leonardis and Ken Curtis. The girls final game for fall is home at the Kenneth Avenue fields on Sunday, Nov. 21 at 12:30 p.m. Come on out and support the girls.

SOCCER CLUB

By Dawn Hutchison

SPSC President's Message

Here's a quick run down on a few of our teams from this past week:

Ambush keeps on rocking—Ambush rolled into Westfield trying to keep their dreams of an undefeated season alive. The game started slowly and there was no scoring on either side for the first 23 minutes. The first score of the game occurred when Caity Hughes scored with eight minutes left in the half, giving Ambush a 1-0 lead.

The second half started quickly with a goal from Sarah Cargill and a second from Caity Hughes. The final score was Ambush winning 3-0. Great job to the defense led by Grace Ochoa and Katherine Vill with goalie Justice Lipuma posting yet another shutout.

Next week Ambush is at home at 2 p.m. on the turf field and they hope to keep their dream of an undefeated season and a flight championship alive when they play the very tough team from Bloomfield. Please come down and support the girls in their efforts.

Thunder Wins Again—Coming off of a big 4-0 victory last week, Thunder faced Montgomery in what was a decisive victory at 5-0. The first half was tough. With four minutes left Thunder scored the first goal of the game on a great shot by John Pareja. Thunder finished the second half with four more goals. Goals were scored by Nolan Berry—first goal ever, Mathew Celentano—first goal ever, John Pareja shooting in two and Christian Gonzales scoring one.

Nick Battista and Christopher Kuberit combined for the shutout in goal with a great effort led by the defense, including Jonathan Veras, Gavin Castro, James "Brick Wall" Piedalato and newcomer Nicholas Gavlineas.

A reminder for all U-16 through U-19 coaches who wish to have a spring team with the SPSC. You will need to contact Phil Battista at philbsp@msn.com or Dom Cirilli at dcirilli@cmn-adv.com to state your intentions to coach and to arrange registration. Please contact the board members mentioned as soon as possible.

Our next general meeting will be held on Thursday, Dec. 9 at 7:30 p.m. downstairs at the VFW on Front Street.

With that in mind, please read the following message from our club president:

"Communication" and "Participation" are very important to us at SPSC; they're the essence of running a successful club.

"We try our best to communicate to the general membership via email,

website and at general meetings; but for communication to be most effective it has to work both ways. This is where participation comes in. We hold our general meetings monthly and they're rarely well attended. Here's where you can make a difference, express your opinions, satisfaction or dissatisfaction on the functions of the club.

"Various important decisions will come about in the next two to three months so your attendance is requested; however, keep in mind that as per the bylaws you need to attend two (2) consecutive monthly meetings in order for a member to be able to vote on any issues. The dates for upcoming meetings are always posted on the home page of our website at www.soplfdsoccerclub.com. Our next meeting is on Thursday, Dec. 9. Hope to see you there.

"In keeping with participation, I would also like to touch on the subject of volunteering. This is an extremely important part of our club. As you know there are seven board members, all volunteers. It's hard for a club to function consistently with just seven people, so we are constantly searching for people to chair various positions. If you're interested in helping us in any way please contact me via email: dcirilli@cmn-adv.com. To this I'd like to thank the people who have stepped up and helped the club in numerous chair positions.

"On a final note, to all coaches, as you know it's imperative that you attend the general meetings and if for some reason you are unable to do so, you have a responsibility to either have your assistant or a team representative be present.

"Thanks in advance for your support."

—Dom Cirilli, SPSC President

Our club looks to began wrapping up the fall season this weekend. If you haven't had the opportunity to catch a game to this point, come on out this weekend and enjoy one of these home games. Thanks for your continued support!

Thunder—Sunday, Nov. 21 at 11 a.m. at Kenneth Field #1.

Storm—Sunday, Nov. 21 at 1 p.m. at Kenneth Field #1.

Strikers—Sunday, Nov. 21 at 4:15 p.m. at Kenneth Field #1.

Eclipse—Sunday, Nov. 21 at 12:30 p.m. at Kenneth Field #2.

Ambush—Sunday, Nov. 11 at 2 p.m. at Memorial Field.

SPHS FIELD HOCKEY

By Pat DeSantis



Field Hockey Corner

The South Plainfield Field Hockey season has officially come to an end. Looking back on the season the Lady Tigers, both varsity and JV, had an amazing season. After ending the season with winning records the varsity and JV field hockey teams went on to be GMC Champions.

We would like to thank the par-

ents, the Field Hockey Association and the coaches for all of their help and guidance throughout the season. We would not have been able to accomplish what we did this season without the help of every one of you. Great job this season ladies; you represented South Plainfield very well this year, and we look forward to next season!

By Gary Lampasona

JUNIOR BASEBALL CLUB NOTES

Spring Registration

Our final registration for the spring season will be held on Saturday, Dec. 4 from 9 a.m. to 4 p.m. at the clubhouse. Be sure to bring your child's birth certificate, if they are new to the SPJBC. Also, registration forms can be downloaded from the website at www.leagulineup.com/spjbc. Once completed, just mail it to the address on the form. Late registrations received after December 31 will incur a \$20 late fee. Timely registration is vital to identifying team needs and a smooth start to the baseball season. Hope to see you there.

Sign Sponsors

Attention all South Plainfield Businesses: Want a great way to attract local patrons to your business? Become a sign sponsor with the SPJBC.

Your name in front of thousands of local residents—just download the forms from our website or contact Gary Rohrer at (908) 380-3346 for more information.

General Meeting

Our next general meeting will be held on Monday, Dec. 6, 7:30 p.m. at the clubhouse. Come on out and see what's going on!

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Franzia Chilled Red, Blush, Crisp, White	Almaden 2L Box Burgundy, Chablis, Rose,
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2010 the Most Successful Year for SP Eagles Cheer

The South Plainfield Pop Warner Eagles Cheer Squads had an amazing year in 2010, advancing all three competition level teams to the Eastern Region Qualifiers on October 31 and advancing two teams to Eastern Region Championships on November 13 and 14. The Eagles are thrilled to announce a squad all the way to the Pop Warner National Cheer Championship at Disney World in December.

The Junior Pee Wee squad, comprised of 25 third, fourth and fifth grade girls, advanced for the first time to the Eastern Region Qualifiers. After taking first place at the MVC Conference Competition, the squad continued working hard as they prepared for the qualifiers. The girls performed amazingly well in a talented field with tough competition from many of the best teams in New Jersey. Although they did not advance to the Eastern Region competition, this young squad has shown they are definitely contenders for a spot at Eastern Regions next year.

The Junior Midget squad, comprised of 20 fifth, sixth and seventh graders, had an equally amazing year. After taking first place at the MVC Competition, they dominated the qualifiers, and were awarded the highest score of any team in their division in all four qualifier competitions.

The JM squad went into Eastern Region Championships up against a very tough field. They had the first spot in the schedule, performing at 8 a.m. at Trenton's Sun Bank Arena. The field of 11 teams had plenty of talent and the JM squad showed that they deserved to be there with a high energy routine with plenty of tumbling, stunting and complex dance moves. The JM squad took third place in the Small Novice Division, an amaz-

ing placement considering it was their first time at regionals.

Eastern Region consists of New York, New Jersey, Maryland, Delaware, Pennsylvania and Washington D.C., and is considered the toughest region in the country. According to Dave Marshall, executive director of Pop Warner's Eastern Region, "Any squad taking third, fourth or fifth place in Eastern Region is very likely one of the top five or six squads in the nation."

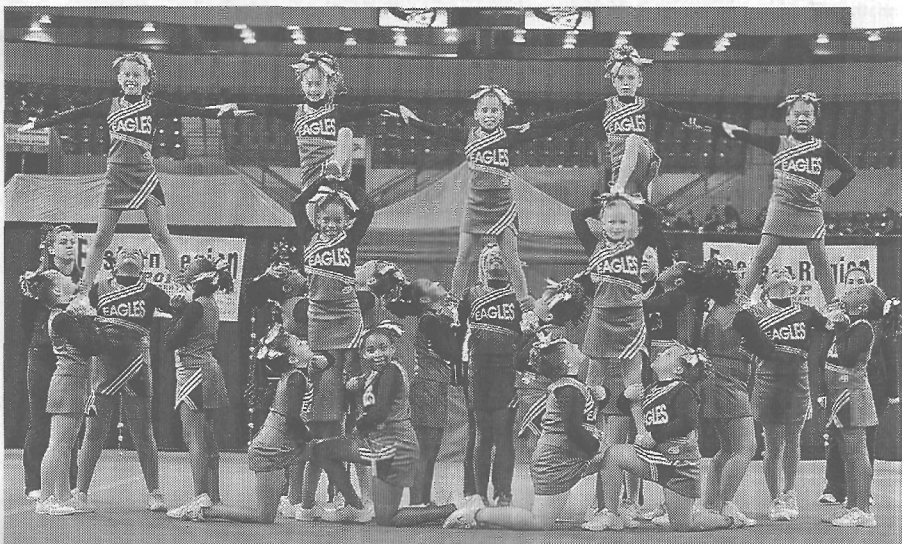
The Midget Cheer squad is having a very successful season. Completing the South Plainfield sweep at the MVC Competition, they also took first place in their division. Moving onto qualifiers they were up against several teams who had advanced to Nationals in previous years. The Midget squad, comprised of 19 seventh and eighth graders, tied for second at the qualifiers, earning a spot at the Eastern Region Championships. Competing against 11 teams, with only two spots available for advancing to the nationals, it was a wide open field with no clear favorites. Competition was fierce with several surprises, as teams with higher scores from the qualifiers fell to third, fourth and fifth place. The Midget squad placed second in Eastern Region, earning them a spot at the National Cheer Championships in Disney World, Fla. on December 10. This squad has advanced to Eastern Regions four times in as many years, and this will be their third time going to Nationals to compete against the top 20 squads from all over the country.

So another successful season of cheerleading is wrapping up in South Plainfield. Stay tuned as we bring you results from Disney World later in December. Go Eagles!

-Submitted by Terry Housel



Eagles Midget Cheer Squad celebrate their second place win in Trenton and advancement to Nationals.



Junior Pee Wee squad performs their pyramid at Regional Qualifiers on October 31.

Middlesex County's Ice Skating Rink Opens for Eighth Season

Middlesex County's popular Roosevelt Park Family Ice Skating Rink opened for its eighth season on Wednesday. The rink is located at the Level Playing Fields Complex inside the county's Roosevelt Park, which is adjacent to Menlo Park Mall in Edison.

Accredited group and private lessons are available. The rink is available for birthday parties and private events. Call (732) 494-3785 for information and reservations.

Hours of operation are: Wednesdays to Fridays, 5 to 9 p.m.; Saturdays, 11 a.m. to 1:30 p.m. (session 1), 2 to 5 p.m. (session 2) and 6 to 9 p.m. (session 3); Sundays, 12 to 3 p.m. (session 1) and 4 to 7 p.m. (session 2).

The following dates will operate as follows: Friday, Nov. 26-Saturday schedule; Monday, Dec. 27 through Saturday, Jan. 1-Saturday schedule; Monday, Jan. 17-Sunday schedule; and Monday, Feb. 14-Sunday schedule.

ule. The rink is closed on Mondays (except as listed above), Tuesdays, Thanksgiving Day and Christmas Day.

Per session admission is \$6 for adults and \$5 for senior citizens and children 17 and under. Discounts are available for multi-session passes and groups.

For more information or to book an event, call (732) 494-3785 or visit www.co.middlesex.nj.us.

SP Eagles Holding a Huge Bonfire Party Tonight



Field House
753-6344
www.speagles.com

The South Plainfield Eagles annual bonfire will be held tonight beginning at 6:30 p.m. This is a free event and all are welcome to attend.

The night starts off with the parent and coaches game. The kitchen will be open and a bake sale will also be held to raise money for the Midget Cheer Team as they go the national competition in Orlando, Fla. for the third straight year.

There will also be awesome raffle prizes including: 32" flat screen TV, Compaq laptop, Blu-ray DVD, Kodak Easy Share

camera, iPod stereo player, digital video camera, gift certificates and other prizes.

The night will be capped off by the actual bonfire. The Eagles want to thank the South Plainfield Volunteer Fire Department for supporting the event. We also want to thank the South Plainfield Rescue Squad, Department of Public Works, Police Department, and Observer staff for their outstanding support all season.

Submitted by Anthony Cangialosi, SP Eagles President

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LEGAL NOTICE

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LEGAL NOTICE

November 12, 2010-Public Notice is hereby given that the following action was taken by the South Plainfield Planning Board at its meeting held on November 9, 2010.

A. Case # 696/S-South Plainfield Properties, Block 528; Lot 46.27; Stelton Rd., Corporate Ct. & Corporate Blvd. The applicant's request for site plan approval in order to amend an existing free standing sign was hereby GRANTED subject to additional voluntary conditions.

Respectfully submitted,
Mary Beth Khidre
Recording Secretary-Planning Board

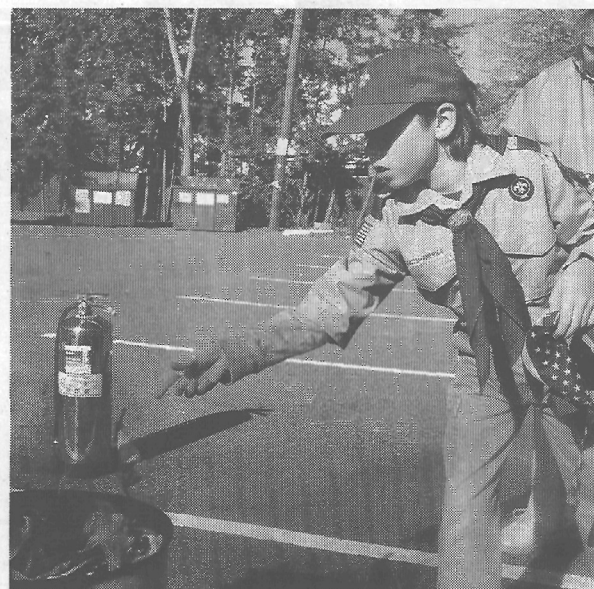
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November 19, 2010

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Troop Leader John Mocharski, Alex Kelly, Charles La Delle, Zachary Prehn, Scott O'Brien, Michael Mocharski and Jonathan Gleeson.



Scout prepares to retire a flag.

Boy Scout Troop 207 Retire 3,000 Flags During Ceremony

By Patricia Abbott

Boy Scout Troop 207 held a flag retirement ceremony at the American Legion on November 7. The cer-

emony was a combination of the American Legion and scouts programs. There are only a few organizations allowed to hold official flag ceremonies. They are the American Le-

gion, VFW and the Boy and Girl Scouts.

This particular ceremony was conducted more in line with the American Legion's program for flag retirement. The scouts previously held an event in late September which concluded with a demonstration of the program used by the Boy Scouts. The scouts program is normally held when they are camping. They usually retire one to three flags at a ceremony.

The boys were in their full class "A" uniforms for the afternoon event. The day began with presenting of the colors and a brief ceremony between the American Legion and the scouts. Then the real work began. Troop 207 had

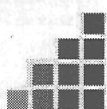
collected two years worth of flags. Many of the flags had been dropped off at the American Legion. There is also a drop off box at McCriskin-Gustafson Home For Funerals. The scouts estimated they had 3,000 flags to retire by burning in accordance with official rules for such an event. Three thousand flags may sound like a lot, but bear in mind that many were the multiple small flags that decorate the gravestones of veterans. These are replaced by the scouts annually in cemeteries before Memorial Day.

There were five boys in attendance; the troop has 15 boys registered, but many were away for a long weekend. Ten adults were in attendance in addition to members of the American Legion. Troop Leader John Mocharski, his wife Pam and son, Mike, an assistant leader, had two fires burning to

speed the process of retiring so many flags. The smaller fire was used for the smaller flags and the large fire accommodated all the other flags, including those that needed two people to set them on the flames. There were a handful of armed forces flags, including flags from the Marines, Army and Navy.

The last flag was placed in the fire at 3:30 p.m. They finished burning the fires, cleaned up and left by 4:30 p.m. The last time they held a flag retirement ceremony with the American Legion was two years ago.

The troop has worked with the American Legion for the past several years replacing flags at the cemeteries. The troop came up with the idea to combine the American Legion and the Boy Scouts program. The scouts also work with the American Legion on other events during the year.



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Pianist To Assist in Middle School Music Program

By Libby Barsky

The Board of Education approved the extra curricular appointment of Frank Jacobson to be the Middle School choir accompanist at the Committee of the Whole (COW) meeting held November 10. Jacobson will receive a stipend of \$1,091 for the 2010/2011 school year.

"With 105 members we have the biggest chorus ever," said middle school music teacher and chorus director Donna Markiewicz at the October boards COW meeting. His name was initially on the agenda for the chorus accompanist position but it was tabled. Parents who were present spoke of the need for an accompanist because of the difficulties of chorus members to see Markiewicz directing behind a piano while she accompanied them.

Board member Debbie Boyle noted that the accompanist position was cut when every department head was asked to make a 20% cut because of the reduction in state school aid and added reduction of \$1.25M when the budget was defeated; however, not all the proposed cuts were made.

In other business, the board approved a resolution "for support of compensation for costs of educating students from non public school and institutions of higher education who are exempt from local property taxes."

As the pressure for more funds to run the district mounts, the board is seeking to recoup some additional funds by asking the N.J. State Assembly to change the current legislation allowing "exempt status" to students attending local colleges. The institutions of higher education themselves are tax exempt from paying local taxes. The college students who reside in college housing are tax exempt and they are not responsible for additional educational costs incurred by their children attending local schools. The board has joined with the New Jersey School Boards Association requesting the state assembly create legislation to remove the tax exempt status these parents have when they are students in any institution of higher education and "require these non public schools and colleges compensate the public school districts for educating those students."

policereport

- On November 3 a South Carolina resident reported that the front passenger side window of their vehicle had been smashed while parked at the Ramada Inn. Nothing was taken.
- On November 4 Hyo Sung Cho was arrested for driving while intoxicated and reckless driving.
- A Pershing Place resident reported the theft of a drill, two drill

kits, a gas power saw, two socket sets and miscellaneous tools from the back of their pickup truck.

- On November 5 Desaray McClane was arrested at the A&P for shoplifting \$695.60 worth of Gillette razors.

- On November 7 an East Golf Avenue resident reported that their vehicle had two flat tires. No cut marks were found.

The American Legion, Co-Founder of Education Week

American (National) Education Week grew out of the revelation during World War I that an alarming proportion of the American people were illiterate and physically unfit. Representatives of the National Education Association and the newly formed American Legion discussed this problem, and their talk led to the observance in 1921 of the first American Education Week. Since 1922, the observance has also been sponsored by the federal government, various parents, teachers and school boards association; there are now 12 national co-sponsors. This year American Education Week was observed November 14-20.

The fundamental objective of American Education Week is to acquaint parents and all citizens of every community with the achievements, aims and needs of their schools. No other agency is more vital to the well being of the nation than cost-effective schools systems. No other cause is more deserving of special consideration by the American people than American Education Week.

American Education Week is a great national institution in which American Legion Posts throughout the state and nation participate. It is the responsibility of all citizens to help maintain good schools which build good citizens. The American Legion, throughout its 92 year history, has accepted the responsibility of giving total support to schools. It is also one of the four founding principles and pillars of our great organization. Our actions include personal involvement in the school systems, our members choosing education as a career, being members of school boards and volunteers on the many school clubs. The American Legion supports its 15,000 individual Legion Posts nationally and 330 in N.J. by providing various forms of literature for distribution to the community and use in their own

education programs, and educational resources relating to veterans. We also provide \$100,000 in scholarships and awards to our schools.

The American Legion has always strongly supported the principle that education is a necessary prerequisite to the successful functioning of a democracy, while recognizing the right of private and religious groups to maintain schools. The American Legion vigorously subscribes to the necessity of a universal publicly supported system of primary, secondary and college education to ensure that every American child has the opportunity for an adequate education. We believe that popular self-government as created by the covenant set forth in the Constitution of the United States cannot continue to exist unless there is the foundation of a continuing system of public education. Not only does proper national defense require trained personnel, but the daily operations of our local, state and federal governments, our farms, our professions, our commerce and industry, and in fact, every phase of life today demands that we have competent citizens who are qualified, willing and able to discharge their responsibilities. The Legion was also the author of the first GI Bill which provided the necessary and rightful funding for many veterans, including myself, to obtain a college education. That original bill continues today, but greatly enhanced for the veteran and their families.

As war veterans, citizens and members of The American Legion, celebrating American Education Week is just another way that we continually serve the community, state and nation.

Join The American Legion, the world's largest war veteran's organization, in celebrating our first class education system.

Submitted by Robert W. Looby, NJ State Commander, The American Legion



Obituaries

Eileen Gurskey, 79

Eileen Gurskey, with loved ones at her side, passed away peacefully and gracefully after a 12-year battle with multiple myeloma, never losing her hope, her faith or, most importantly, her sense of humor. She leaves behind John, her loving and devoted husband of 56 years who, throughout the long struggle with this and other cancers and a stroke in 2005, never left her side, caring for her at home, and when her illness progressed and she needed additional care, finding a wonderful second home for her at Claremont Center where she passed away on Monday, Nov. 15.

Daughters Barbara and Janice also grieve the loss of their mother, along with Janice's husband, Jake Strassburger and Barbara's boyfriend, Stephen Belfatti.

Eileen leaves behind the greatest joys of her life, her grandsons Max and Sam Strassburger, who made her smile, laugh and feel such pride.

Born October 13, 1931 at St. Mary's Hospital in Hoboken to Vincent and Josephine Phillips, Eileen lived in Hudson County, and married John on October 23, 1954. She worked at Life Magazine until 1959 when she and John moved to Old Bridge. Together they raised their daughters, Barbara (born in 1958) and Janice (born in 1967).

Eileen earned her real estate and then broker's license and became manager and broker of record of Showcase of Homes Realty in Old Bridge.

Eileen and John moved to Four Seasons Adult Community in Lakewood in 1996, and lived there until she went to Claremont Center.

With her kindness, her smile and her big heart, Eileen attracted many

wonderful friends and in the last hours of her life, these friends surrounded her and embraced her, telling great "Eileen Stories" and laughing until they cried. Eileen was a woman of many talents, an accomplished artist, seamstress and storyteller. She will be missed by many and was loved by all who met her.

Funeral arrangements were held at Silverton Memorial Funeral Home in Toms River.

Memorials in Eileen's name can be made to The American Cancer Society or the Multiple Myeloma Research Foundation.

Mary Jane Batty, 83

Mary Jane Batty died on Wednesday, Nov. 10 at JFK Medical Center in Edison.

Born in Naughton to the late James and Rosemary (Henderson) Batty, Mary Jane lived in Irvington before settling in Roselle in 1970.

Mary Jane was a clerk for the former N.J. Bell Atlantic Phone Company out of Elizabeth. She was a member of St. Joe's RC Church in Roselle and a former member of St. Leo's RC Church in Irvington.

She is predeceased by a brother, John Batty, who died in 1995.

Mary Jane leaves behind her dear friend of over 40 years, Betty McGarry and husband Jim of South Plainfield and their children; two nephews, Thomas and wife Irene and James Batty, as well as five great-nieces and nephews.

Funeral services were held at McCriskin-Gustafson Home For Funerals.

Stanley Fila, 81

Stanley Fila died on Thursday, Nov. 10 in the Vitas Hospice at Kennedy Memorial Hospital in Stratford.

Born in Perth Amboy, Mr. Fila resided in North Plainfield since 1965 and recently moved to Voorhees.

He worked as a supervisor for Hy-

giene Diaper Service in Plainfield.

Stanley served in the Merchant Marines and was a member of the Knights of Columbus. Mr. Fila enjoyed bowling, puzzles and sports.

He is predeceased by a son, Gary.

Surviving are his wife, Joanne and a son, Steven, both of Voorhees; a sister-in-law, Fran Courtney of Florida and a grandson, Bryan Fila of Virginia.

Funeral services were held at McCriskin-Gustafson Home For Funerals.

Judith Zacharatos, 49

Judith Zacharatos died on Saturday, Nov. 6 at home surrounded by her family.

She was born in New York and lived in Bergenfield and Edison before settling in Kendall Park in 1994.

Family and friends mean the world to Judy. She was passionate about her food and cooking. In addition she enjoyed gardening and animals. Judy was full of life, very much loved and will be deeply missed.

She is predeceased by her father, Frank Martinez and a brother, Robert Martinez.

Surviving are her husband of 28 years, Basil; her mother, Janet Martinez; a sister, Kathy Aponte and two brothers, Ricky Burgos and Frank Martinez. Also surviving are many loving extended relatives and friends.

Funeral services were held at McCriskin-Gustafson Home For Funerals.

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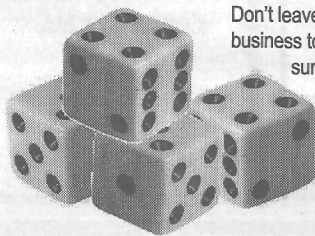
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Congratulations Allison! JUNIOR JOURNALIST #1



Charlie and Debbie Kurland of Hometown Heros deliver dinner to Junior Journalist winner, Allison Wagner; parents Nancy and Eric, brother Stephen, grandmother Helen Wagner and Toby, the dog.

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duCret Annual Miniature Art Show and Open House



Students and faculty at duCret art school.

Leave the winter blues and sagging economy behind for a day and enter into a visionary haven for a few hours!

Amidst recent economic challenges, people everywhere have begun to return to traditional, 'close-knit community' activities that keep costs down and family interaction a para-

mount focus.

duCret, the oldest non-profit art school in the state, had largely remained one of New Jersey's best kept secrets until recently. But with students landing highly public job opportunities, such as the TV show 'Cake Boss', WABC's Eyewitness News and even an AT&T Wireless commercial,

word has gotten out about this small and specialized visual arts school with its legendary history. Suddenly, New Jersey artists from all over the state have been flocking in to take a deeper look at the unique opportunities this historical artist's haven affords.

On Sunday, Dec. 5 from 2 to 4 p.m., duCret opens its doors to the public with an open house/miniature art show featuring beautiful, hand crafted and original art pieces created by its rising star students. It's a fantastic opportunity to learn about a community resource, and find one-of-a-kind and yet truly affordable gifts to give this holiday season—all while supporting emerging artists.

Do something out-of-the-box for a change! Avoid the holiday mall craze and mill about with the artists who actually created their products! Spark interesting and new family conversation this gift-giving holiday season!

duCret school offers uniquely enriched opportunities of study. For additional information, call (908) 757-7171, Monday through Friday, 9 a.m. to 4 p.m. or visit www.duCret.edu.

Cappy Recipients to be Honored

(Continued from page 1)

since 1990 along with his present wife, Georgeann. He currently drives the senior center bus part-time. Cochran has nine grandchildren: Skylar, Emma, McKenzie, Harlee, Quinn, Ben, Jack, Charlee and Wren.

"Since Bill moved to South Plainfield he has served the youth of our community in both the professional and voluntary capacity," said the Capparelli and English families, whom together sent in a nominating letter on his behalf. "He has given tirelessly to make this town a better place for children to grow up in. We all believe that Bill exemplifies the qualities that are essential requirements of the Cappy Award."

"It is a very nice honor," said Cochran humbly, who had the pleasure of working with Tulio Capparelli while on the Recreation Commission.

The second Cappy Award winner is Richard Plate, who began coaching the youth in town 32 years ago. He started with the Junior Baseball Club in 1978 before his two daughters were old enough to be active in sports. Plate volunteered at the club until 1985, and has been coaching his grandchildren there again for the past three years. He also coached t-ball and teener ball in 1984, 1986, 2005 and 2006.

When Plate's daughters were eligible for the Recreation Department's Ponytail Softball league, he coached there from 1985 through 1993 and was president of the club from 1987 to 1992. He umpired the borough men's and women's softball games from 1992 through 2000 and high school fall baseball from 1992 until

1998. Plate was also a boys and girls Recreation Department basketball coach from 1984 to 1991 and a trustee of Pop Warner Football from 1988 through 1993.

Plate was on the Recreation Commission from 1991 to 1995 and was involved with the construction of the community pool. In the mid-1980s he was a member of the Youth Guidance Council.

Along with his wife, Joanne, a secretary at the middle school, Plate has made South Plainfield their home for the past 33 years. Their two daughters, Nicole and Janine Kapsch and husband, Danny, reside in the borough as well, and the Plate's have five grandchildren.

Now semi-retired, Plate worked as a project manager at Merrill Lynch for 12 years. He was "happy" and "surprised" that his daughter, Nicole, nominated him for the award. "It is an honor," said Plate, "especially to be alongside someone like Bill Cochran." Nicole wrote that her father has "encouraged and inspired an entire generation of South Plainfield's youth, and continues to do so."

"I am so honored that he has imparted his love of sports on the both of us and that he continually assists his grandchildren in their sporting endeavors. There is no doubt in my mind that Rich's love of the game will drive him to continue to assist others in any capacity possible," said Nicole in her heartfelt letter.

Tickets (\$15 per person) for the dinner, which begins at 6:30 p.m., are still available for purchase at the PAL Building located on Maple Avenue.

In My Opinion

(Continued from page 2)

To the Editor:

2010 has been declared the Year of the Lung, and November the month of the lung, to raise awareness and educate the public to the threat of lung disease and COPD, which consists of emphysema and chronic bronchitis.

In Europe over 44 million people have it and most don't know it. Not only cigarettes cause COPD, but pollution, people cooking in tents or mud huts who inhale the smoke, sitting by campfires, working with pesticides, herbicides etc. This does not include India or Asian countries.

Here in the US, approximately 24 million people have it, and half don't know it. It is the number one cause of time lost from work and disability; it is a debilitating disease that leaves the person gasping for breath, possibly with heart problems and diabetes, pulmonary hypertension and other problems, from the drugs we have to take, and the insult to our bodies from the disease itself. We also make many trips to the ER. I just read where Crouse Hospital has streamlined a system to deal with the influx of many new lung patients. This is the future if people are not made aware of what to look for and the testing to have.

I was diagnosed many, many years ago. I am now 78, and on oxygen. Most people do not live much beyond 10-15 years after diagnosis, but I was told when mine was just starting. I am now almost 15 years out from diagnosis. The most important thing is for a person to recognize that they may be a little short of breath (SOB) at times. Climbing stairs, carrying groceries, walking up a small incline. If you have smoked 10 years, you should get yourself tested. Don't wait until you are only able to make two or three stairs at a time, and then huff and puff to get up the next few. This disease is relentless, it cannot be stopped, but it can be dealt with, but you must get it early and stop smoking.

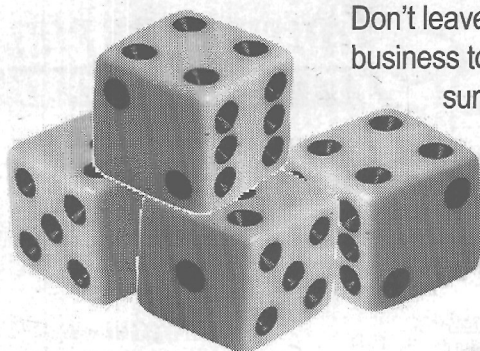
Our project this year besides public awareness is to try and get every primary care or family doc to invest in a small table top spirometer. This is a small machine, like a little computer. The respiratory therapist or nurse types in your height, weight, age and sex. They will then attach a mouth piece to a small hand held device that is attached to the spirometer. You will take in as big a breath as you can, put the mouthpiece in your mouth, and blow as hard as you can for as long as you can. The normal healthy lung of a 21 year old should empty in three

seconds. That's it, one breath and it can tell you many things. 1.) FVC, (forced vital capacity), which is the maximum amount of air that can be exhaled during a forced exhalation. 2.) FEV1 forced vital capacity, the amount expired in the first second, this is the important number as it is the one that measures how quickly the air can be expelled. The longer it takes to exhale the worse your lung function. Age does make a difference, that is why it is figured in for the exhalation. The doctor or nurse should be able to competently read the results. If it shows signs of lung problems, they should send you to a pulmonary doctor or begin treatment immediately.

I was a construction worker for 46 years, and smoked and inhaled all kinds of materials on the job. I was diagnosed in 1996, went to classes to learn how to live with this disease, exercise three times a week, take my medicine faithfully and according to my FEV1's only a bit worse than in 1996. I consider myself very lucky that I caught it very early and had a doctor who was forward thinking and sent me to the classes. I live a mostly normal life except for my oxygen companion and occasional shortness of breath.

THANK YOU,
HENRY PHELPS

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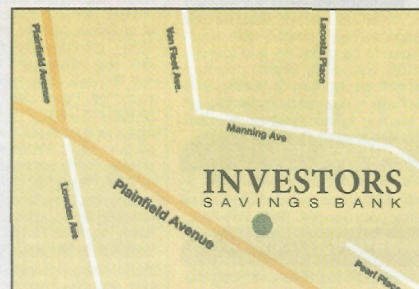
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Investors would like you to know:

All offers available from 12/3/2010 through 12/18/2010 only at the Investors' South Plainfield branch. All offers may be withdrawn at anytime without notice.

1. 1.50% APY on money market account guaranteed until 3/31/2011 on balances up to \$1,999,999.99 when you open or maintain an Investors' consumer checking account with direct deposit (otherwise, APY is 1.25%). Direct deposit must be entire paycheck or other recurring payment (such as social security or pension check) with a minimum \$300. Balances \$2,000,000.00 and higher earn prevailing Investors' money market account rate. No minimum balance required to earn stated APY through 3/31/2011; must maintain a minimum balance of \$500 to avoid \$7.50 monthly service fee. This account has no check writing capabilities and provides an ATM card only. Offer valid from 12/3/2010 through 12/18/2010. Annual percentage yield is accurate as of 11/19/2010. On 4/1/2011, account will revert to Investors' statement savings account at the prevailing rate. You must maintain a minimum daily balance of \$50 to avoid a \$3 monthly service charge in the statement savings account. All deposits into this account through 3/31/2011 must be NEW MONEY not currently on deposit at Investors as of 11/1/2010.
2. \$200 bonus is for new Investors' consumer checking accounts with direct deposit only. \$200 bonus will be automatically credited into checking account in \$50 increments at the end of each quarter. First credit will occur the first quarter following receipt of first direct deposit. Direct deposit must be entire paycheck or other recurring payment (such as social security or pension check) with a minimum \$300. If account is closed within first 12 months, any bonus payment credited to the account will be forfeited and a \$50 termination fee applied.
3. To obtain this APR you must have your monthly payment automatically debited from an Investors' checking account; otherwise the rate is .25% higher. The rate for a home equity credit line is 3.25% APR for the first six months after closing. After the six month introductory period, the interest rate will be variable, based on the Prime rate as published in the Wall Street Journal. Prime rate is currently 3.25%. However, in no event will the interest rate ever exceed 15.00% or be less than 4.00%. Disclosed Annual Percentage Rate is accurate as of 11/19/2010 and is subject to change at any time. A \$75 closing fee will be waived for this limited time offer. Hazard Insurance is required. Apply by 12/18/2010. Offer valid on New Jersey properties only.
4. When you apply for a residential mortgage loan for purchase or refinance, the application fee will be refunded at closing. Must apply by 12/18/2010.
5. 1.50% APY on business money market account guaranteed until 3/31/2011 on balances up to \$1,999,999.99 when you open or maintain an Investors' business checking (operating) account. The APY will be 1.25% without an Investors' business checking account. Balances \$2,000,000 and higher earn prevailing Investors' business money market account rate. No minimum balance required to earn stated APY through 3/31/2011; must maintain a minimum balance of \$2,500 to avoid \$10 monthly service charge for business money market account. Offer valid from 12/3/2010 through 12/18/2010. Annual percentage yield is accurate as of 11/19/2010. On 4/1/2011, account will revert to prevailing Investors' business money market with tiered interest rate structure (business money market account). MONEY MARKET DEPOSIT must be NEW MONEY not currently on deposit at Investors as of 11/1/2010.
6. When you apply for a business loan or line of credit, the \$250 application fee will be refunded at closing. Must apply by 12/18/2010.
7. When you open an Investors Merchant Services account, Investors will provide \$150 towards First Data switching costs.
8. No purchase necessary. No account to open. Employees and their families of Investors Savings Bank and its affiliates and subsidiaries are not eligible. Must be 18 years of age and older, must be a U.S. resident. Limit one entry per person. To enter the iPad giveaway, visit the Investors Savings Bank South Plainfield branch at 2449 Plainfield Avenue, South Plainfield, NJ, 07080 and fill out an entry blank on December 4, 2010, or mail a postcard with your name, address and phone number to: iPad Sweepstakes, c/o Investors Savings Bank, 2449 Plainfield Avenue, South Plainfield, NJ, 07080, ATTN: Branch Manager. All entries must be postmarked before midnight, December 15, 2010. One winner will be selected by random from all entries received. Drawing to be held on December 20, 2010. Winner need not be present. Odds of winning will be determined by the number of entries received. For a complete set of rules, please visit the South Plainfield branch.



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