

South Plainfield Observer

VOL. 2, NO. 21

50 CENTS

APR 6 1999

APRIL 2, 1999

Steve Novak Inducted into Coaches Hall of Fame



Steve Novak

Steve Novak, Jr. was inducted into the New Jersey Scholastic Coaches Association Hall of Fame on March 28. He was honored for his varsity coaching of soccer and baseball at South Plainfield High School.

The award and induction is based on outstanding coaching for a minimum of 10 years of a varsity sport in New Jersey and

contributions of excellence, ethics, influence on youngsters and contributions to the profession.

Novak had a baseball varsity record of 254-126 in his 16 years as a head coach. His teams won six championships in the old Mid-State Conference and the Greater Middlesex County Conference. Steve was honored six times as "Coach of the Year" by various publications including the highly regarded coaches award from the *New York Daily News* in 1991. His 1991 team was undefeated in regular season play with a 21-0 record. Several of his teams finished in the top 20 ratings.

Novak retired from baseball at the end of the 1994 season to watch his son, Steven III, play baseball at NPHS.

The Canucks were league champions, their first ever, in 1995 and 1996 and won the state championship in 1996.

Novak also coached varsity soc-

Continued on page 7



The newly acquired Rescue Squad crash truck.

Rescue Squad Gets Crash Truck

When the Rescue Squad's new crash truck finally rolled into town it culminated three years of committee work and exhaustive research. The goal was to determine what would best suit the town's growing needs. The factor considered first was cost (some of the trucks priced ran to \$140,000). The committee had several companies to choose from. One of the main factors was to find a truck that would fit into the building yet still meet the requirements of the town.

The truck was paid for by the Rescue Squad through several years of fund raising. The order for the

custom built vehicle, purchased through Federated Fire in South Plainfield, was placed with Snel Company in Nebraska in 1997 and was ready for delivery in December of 1998. The new equipment on the truck included the much needed tools for more detailed and serious extraction including air bags to lift vehicles. The equipment expands on the capabilities of the Jaws of Life.

Mike Zushma chose to drive the truck back to South Plainfield. The company flew Zushma and a representative of Federated Fire to Nebraska. The 1600 mile trip took them about three days. They expe-

rienced a minor problem with a break down which was quickly repaired. Mike explained that this is the reason that most people opt to drive new emergency vehicles home from the place of purchase. The lengthy trips help locate any problems or shortcomings. Difficulties are more likely to show up during a longer trip than on the numerous short drives during emergencies and are certainly more easy to handle at that time than during a crisis. The truck has already been in service. The South Plainfield "Tiger" on the doors displays the sense of community and pride in our town.



Celebrate Easter at Spring Lake Park Sunrise Services

During the past few weeks members of area churches have been busy rehearsing for the Annual Sunrise Services held at Spring Lake Park. Services will begin at 6:30 a.m. Last year over 200 people came out for the inspirational services that mark Easter Sunday.

This year the host church is St. Stephen's Lutheran Church. In case

of rain the services will be held there.

Committee members participating are Tom Baker, St. Stephen's Lutheran Church; Cathy Davidson, Rescue House of Prayer; Liz Harrington, Sacred Heart Roman Catholic Church; Jim Harvorth, Wesley Methodist Church and Anthony Otlowski from Pilgrim Covenant. All choirs are joining together to sing for this occasion.

Rev. Richard Kiesling, Pastor of St. Stephen's Lutheran Church, will be the preacher. Liturgies will be read by Rev. Irene Campbell and Deacon Robert Bryant of Rescue House of Prayer, Rev. Catherine Stanley and Rev. James Erickson of Pilgrim Covenant Church, Rev. Henry Leono of Wesley Methodist Church, Rev. Dennis O'Neil of First Baptist Church and Rev. Rick Oppelt of Oak Tree Presbyterian Church.

The public is invited.

Traffic Advisory

South Plainfield Police Dept.
Traffic Safety Section

**New Market Ave. Closure
April 5 & April 16**

New Market Ave. between Hamilton Blvd. and New Brunswick Ave. will be closed to traffic for milling and paving between Monday, April 5 and Friday, April 16. Detours will be posted and it is recommended that motorists take alternate routes during this time period.



Ten local Girl Scouts received Silver Award pins for completing community service projects. See page 6 for story and photos.

In My Opinion

SPJBC SAYS THANK YOU !

On behalf of the South Plainfield Junior Baseball Club and the Booster Committee I would like to extend my heartfelt thanks to the Community of South Plainfield for its strong support of the 1999 Booster campaign held this past Thursday through Saturday, March 25-27. The local businesses, the residents of the town, coaches, parents, the ladies auxiliary, and most of all, the players, all contributed to a very successful canning fundraiser. The proceeds from this fundraiser will be used to provide for the youth of this town a great playing facility and new/quality playing equipment.

Again, thanks to all who donated their time, energy and monies to this very worthy cause.

JOHN A. STALLONE
CHAIRMAN - BOOSTER
COMMITTEE
SOUTH PLAINFIELD JUNIOR
BASEBALL CLUB

To the Observer:

We are writing this in support of Myra Stillman's candidacy for a seat on the Board of Education. Myra, as a current member on the Board of Education, has made a commitment to quality education for our students and the betterment of our school system. Myra will continue to strive to make a good school system even better and work toward getting the tools necessary to prepare our students for the future.

As past president of the High School Music Boosters, Myra worked tirelessly with the high school marching band competitions, football game performances and other music department events. This also includes the successful Marching Band Festival held at the high school field in November which required many hours of planning, organizing and setting up, which Myra did for the sole benefit of our children.

Myra's only concern is the students and working to improve the quality of their education. Whatever is needed to be done or time needed to be spent to benefit the students will be done without

question. Myra's knowledge of the school system and past experience working on the Board of Education will only enhance present and future issues that come before the Board.

Board members should base their decisions on what programs will benefit the students and first and foremost insure the best education is offered to our students. Myra will be this type of board member. We feel your vote for Myra Stillman for a seat on the Board of Education to continue her great work, along with Carol Byrne and Kenneth LaFreniere, on April 20 will insure there will be members on the board that only have the best interest of our children in mind.

**CREIGHTON PFEIFER AND
MARY PFEIFER**

To the Editor,

Selecting the people who will be elected to the South Plainfield Board of Education on April 20 is a decision that could be considered extremely important, this year more than most. The individuals placed on the board this year will be the ones who guide the district through its all-important choices on the future development of our schools, and the direction we will take educationally and technologically in the following years.

Making sure that South Plainfield is moving toward the correct goal in the most efficient and cost productive manner is not an easy task. Many hours of hard work and difficult decisions lay ahead. It isn't a job for amateurs, it's not a place for anyone with their own agenda, it's an important, time consuming and intricate undertaking.

Myra Stillman, Ken LaFreniere and I have the necessary abilities and experience to serve the South Plainfield community. Our combined expertise in all areas of board of education knowledge is critical at this point. Knowing where to go and how to get there is half the battle. We have been in the forefront of South Plainfield's growth as a school district. We have approved the Five Year Tech-

nology Plan, the advanced placement program with Seton Hall University, restructured the Facilities Five Year Improvement Plan, expanded counseling services for our students and, not the least of our accomplishments, instituted cost containment measures on service contracts, health insurance, liability insurance and utilities.

We ask that you support our candidacy for the Board of Education on April 20 to continue to provide an affordable, quality educational future for our children. **EXPERIENCE COUNTS!**

Please vote for Carol M. Byrne, Line 1 Myra M. Stillman, Line 2 & Kenneth LaFreniere, Line 3
CAROL M. BYRNE

Residents of South Plainfield,

Each year in the April school board election voters are given their only opportunity to have a direct influence on a budget financed to a great extent by their tax dollars. Year after year the turnout at the polls is extremely low. The statewide average in New Jersey is around 14 percent, while here in South Plainfield we do well to get half that.

The reasons people choose not to take part are varied and certainly a matter of personal choice. However, with all that is at stake here in our district we would appeal to all voters to consider taking part this year.

The challenges before us are daunting, new school construction, existing administration building renovation, enhanced development of curriculum, implementation of necessary technology, the list goes on and on.

When one looks at how these issues affect our resident's tax burden their input is not only desired but should be a basic element of consideration when decisions are made.

As candidates for the South Plainfield Board of Education we would rather be defeated in an election that is widely participated in than win a contest that fails to engage the electorate. We must have responsive, fair-minded board members making decisions based on the opinions the residents have communicated to them.

With the challenges we face as a district, some may think this is not the time to make a change.

Letters

We disagree. We believe that new ideas and new energy is exactly what is needed. Motivated by a desire to make a difference, as parents, residents and tax-payers we think the time has come to make a more significant contribution.

Each child in our community is going to need all the advantages he or she can get to reach their individual potential in an increasingly competitive world.

Elected to the board our charge would not be to act as individual agents, advancing personal agen-

das, but rather as members of a team diligently working to shape educational policy in a way that would benefit all.

With your support we can make that difference. It takes the efforts of many working together, toward a common goal, to get the big jobs done.

The first step is casting a vote on April, 20, 1999 in the South Plainfield Board of Education Election.

DAN SMITH AND JEFF SEIDER
LINES 4 AND 5

Bitter About Litter? Sign up for Litter Clean-Up Week April 24-May 1

Welcome spring this year by clearing away winter's grime! The Clean Communities Advisory Board will sponsor a Borough-wide clean-up the last week in April. The main clean-up event will be held Saturday morning, April 24. Volunteers will meet from 9 to 10 a.m. in the Borough Hall located on Plainfield Ave. to collect equipment and clean-up assignments.

Roadsides, parks, streams and vacant lots will be targeted. All volunteers will be invited back to Borough Hall at noon for a free pizza pickup picnic, complete with environmentally-friendly door prizes.

Residents are welcome to organize a crew or to come on their own. Call Alice Tempel, the Clean Communities coordinator, at 226-7621 for more information.

IMPORTANT MEETING DATES

Zoning Board of Adjustment 1999 Meeting Dates

First, third and fifth Tuesday of the month as follows:

April 6, April 20, May 4, May 18
June 1, June 15, June 29, July 6, July 20
August 3, August 17, August 30
September 21, October 5, October 19
Nov. 4 (Thursday), November 16,
November 30, December 7, December 21

Site-Plan Sub-Committee Meeting Dates: Fourth Thursday of the month as follows:

April 22, May 27, June 24, July 22,
August 26, September 23, October 28

Planning Board 1999 Meeting Dates

Second and fourth Tuesday of the month as follows:

April 13, April 27 September 14, September 28
May 11, May 25 October 26
June 8, June 22 November 9, November 23
July 13, July 27 December 14, December 28
August 10, August 24

Council Meetings

AGENDA MEETINGS	PUBLIC MEETINGS
Monday, Apr. 5	Thursday, Apr. 8
Monday, Apr. 19	Thursday, Apr. 22
Monday, May 10	Thursday, May 13
Monday, May 24	Thursday, May 27

All meetings of the Governing Body are held in accordance with New Jersey Open Public Meetings Act (NJSA 10:4-6 et seq) in the Council Chambers at 2480 Plainfield Ave., South Plainfield, New Jersey.

Logon to southplainfieldnj.com for the latest meeting agenda.

South Plainfield Observer

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We look forward to hearing from all of you and encourage you to send in your stories and photos. The *South Plainfield Observer* is your paper. Please let us know what you would like to see in it.

To get an article published in South Plainfield Observer:

1. Type (double spaced) the article you wish published.
2. Mail or fax it to: Editorial Department
South Plainfield Observer, 530 Union Ave., Suite 3, Middlesex, NJ 08846 or drop it in the box at Mohr's Flowers on Plainfield Ave. or Twice Is Nice, Front St. or fax us at (732) 805-0815 or e-mail us on the web page at spobserver.com. Include your name, address, telephone number.

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Thursday 8:30-8:00
Saturday 9:00-12:00



Panel of Vision 2001 and South Plainfield Business Association members (left to right): Bob Longo, Genevieve Pinto-Zipp, Art Muglia, Frank Licato, Paul Grzenda and Emil Leporino.

Local Business People Address HS Students

Photo and story by Patricia Abbott

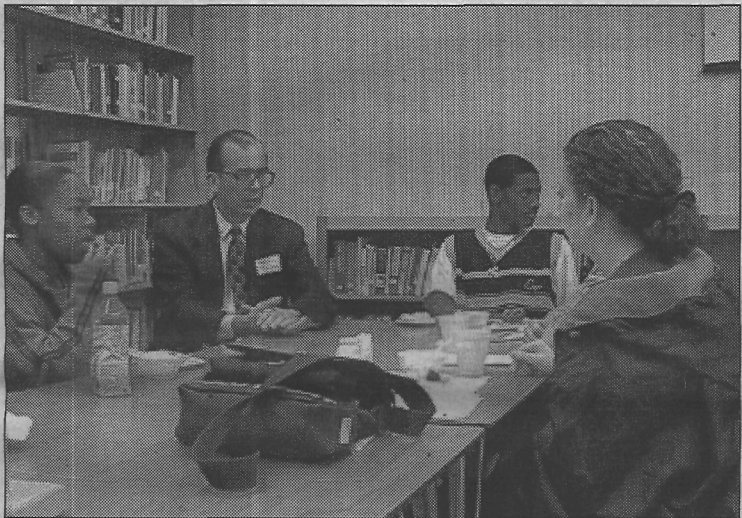
On March 22 students in SPHS Cooperative Education Program got some real insight into the life in the business world. Sponsored by Vision 2001, a panel of members of the South Plainfield Business Association spoke to approximately 60 seniors. The 1999 panel consisted

of Arthur Muglia of Muglia Enterprises Inc., Robert M. Longo of Corner Stone Architectural Group LLC, Frank P. Licato of Frank P. Licato Agency, Genevieve Pinto-Zipp of Looking Upward, Pediatric Therapy Group, and Paul Grzenda, Attorney at Law.

After the initial introductions of the panel and student present-

ers the group was treated to a buffet breakfast. The professionals and students broke up into five discussion groups with approximately 10 students per group. The students had prepared questions that were presented by their group leaders. The twenty questions covered a wide variety of topics ranging from "How hard is it to start a new business in South Plainfield?" and "What, if anything, is more important for a business than making a profit?" to questions concerning salaries and potential personality conflicts between a boss and employees.

The Co-op Education program is open to seniors only. Students attend classes part of the day and work 20 hours a week in jobs found through the program. They receive credits for the Co-op ed class as well as for their employment. The program gives students a chance to try jobs that fit their interests or skills. Teachers of the Cooperative Education program are Dee Falato and John Lartaud.



Attorney Paul Grzenda addresses high school students at Business Forum.

Borough Notes

Council

■ The council voted to endorse proposed legislation that would provide immunity to municipalities from civil lawsuits as a result of potential malfunctions of public services, caused by the inability of a computer to recognize the year 2000.

■ Authorize PMK Engineering to continue soil remediation on the underground fuel storage tanks behind Borough Hall. The amount not to exceed \$165,000.

■ Authorize the purchase of three lap top computers for use in the newly acquired police patrol cars.

■ Accepted the resignation of Martin Grant from

the Borough's Engineering Department.

■ Authorized the temporary placement of trailers on the property on New Brunswick Ave. The home was severely damaged by fire on Monday, March 22 and the trailers will be used as temporary housing while their home is being restored.



The Alternative View

By Dr. Anthony J. DeCosta, D.C.

Dear Dr. DeCosta: What are the differences and similarities between Acupuncture and Chiropractic?

Dear P.M.,

Acupuncture originated in China over five thousand years ago. It is based on the belief that health is determined by a balanced flow of *qi* (also referred to as *chi*), the vital life energy present in all living organisms. Acupuncture theory states that *qi* circulates in the body along twelve major energy pathways, called meridians, each linked to specific internal organs and organ systems. According to William Michael Cargile, B.S., D.C., F.I.A.C.A., chairman of research for the American Association of Acupuncture and Oriental Medicine, there are over one thousand acupoints within the meridian system that can be stimulated to enhance the flow of *qi*. When special needles are inserted into these acupoints (just under the skin), they help correct and rebalance the flow of energy and consequently relieve pain and/or restore health.

Various forms of spinal manipulation have been practiced in every civilization, from the early Egyptians forward. In 1895, Daniel David Palmer, a longtime student of physiology and anatomy, founded the modern-day system and theory of chiropractic.

Palmer encountered a black janitor named Harvey Lillard who had been deaf for seventeen years, following an injury to his upper spine. While examining the janitor's spine, Palmer found a misaligned vertebra that corresponded to the spot the man had injured just prior to losing his hearing. By administering a specific thrust or adjustment to the vertebra, Dr. Palmer restored the janitor's hearing.

Fundamental to Dr. Palmer's philosophy of health is the idea that all living beings are endowed with that he termed "*innate intelligence*." Palmer believed that this intelligence regulates all the vital functions of the body as it flows through the central nervous system. Because of this belief, Palmer felt that the primary task of the chiropractor was not to treat conditions but to remove nerve interference caused by *subluxations* (misaligned vertebra which impinge upon nerves and interfere with the normal flow of innate intelligence over the nerves). By correcting subluxations of the spine, innate intelligence could carry out its role of maintaining the body's health and equilibrium without obstruction.

In contrast to the growing popularity of medication and surgical intervention, Palmer's approach appealed to patients who had faith in natural methods of healing or who had tried traditional medical intervention, but to no avail. Dr. Palmer stated that, "Chiropractic embraces the science of life, the knowledge of how organisms act in health and disease and also the art of adjusting the neuroskeleton."

It has been theorized that chiropractic adjustments also affect the acupuncture meridian systems. Many of what are called meridian connectors are located in areas under the skin but above the vertebrae, especially in the mid back region. By giving adjustments in these areas, it has been suggested that chiropractors have also effected these meridian connectors and influenced the acupuncture system.

Both healing arts, while differing in methodology, recognize the internal life force of the body (*qi* and *innate intelligence*). Both healing arts try to remove blockages to this vital life force so that the wondrous natural healing ability of the body is able to express itself. And, neither chiropractic or acupuncture uses drugs or surgery.

It has been said that "*Nature doesn't need any help — just no interference.*" Both of these healing arts are a testament to that statement.

Questions for *The Alternative View* should be addressed to: *The Alternative View*, c/o Dr. Anthony J. DeCosta, D.C., 129 South Plainfield Ave., South Plainfield, N.J. 07080. Visit *The Alternative View* on the web at www.usalternativemedicine.com.

OAK TREE FARMS

136 South Plainfield Ave. South Plainfield, NJ
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AROUND TOWN

EVENTS

Caring and Sharing Group Trip

The Caring and Sharing group is sponsoring a trip to see *Joseph and the Amazing Technicolor Dream Coat* at Three Little Bakers Dinner Theater on Sunday, April 18.

Tickets are \$48 each. The bus will leave at 9 a.m. from behind the South Plainfield Municipal Building and will return about 7 p.m.

For additional information and reservations, call Lydia at (908) 755-1596.

Killington, Vermont Trip Planned

Sacred Heart Church is sponsoring a trip to the Cortina Inn in Killington, Vermont. The bus trip, scheduled June 27 to July 1, will leave from the church parking lot.

During our stay in Vermont, the group will visit The Vermont Teddy Bear Factory, Shelburne Museum, Hubbardton Battlefield, Montpelier State Capital Building, Morse Farm, Rocking Horse Country Store and cruise the southern part of Lake Champlain. No tour of the area would be complete without a visit to Ben & Jerry's Ice Cream Factory.

The Cortina Inn offers a gourmet restaurant, swimming, tennis and golf facilities.

The cost is \$589 per person, double occupancy. The cost includes transportation, baggage handling, four nights hotel, four buffet breakfasts, four dinners, sightseeing, tour guide and driver gratuities.

A \$50 deposit is required to reserve space with balance of payment due by May 15.

For reservations or additional information, call Mary Ann at (908) 226-1222.

Riley School Sponsors Car Wash

On Saturday, April 10, Riley School will sponsor a car wash at the PAL building, 1250 Maple Ave. The fundraiser will support the Riley fifth grade trip to Stokes State Forest. The car wash will run from 9 a.m. - 1 p.m. The cost is \$5 per car. Rain date is April 17, 1-4 p.m.

Trip to Myrtle Beach

AARP Chapter 4144 is planning a seven day, six night trip to Myrtle Beach, S.C. from Sunday, April 25 to Saturday, May 1. All costs are included, except lunch. A double room is \$490 and single rooms are \$585. Itinerary is available upon request. Call Mary at (732) 752-3764 or Lee at (732) 968-6613, for more information.

High School Auction/Raffle

South Plainfield High School will be holding an Auction/Raffle on Saturday, May 1. Prizes include: 25" TV, VCR, microwave, gas grill, 2 nights at Ballys in Atlantic City with show tickets, A Day at the Races for four, Yankee tickets and much more. Tickets are \$7 in advance and \$10 at the door (admission price includes 25 free tickets for potpourri section).

Contact Ellen at 756-3731 during the day for tickets or Pat at 756-6512. The proceeds from this Auction/Raffle supports Project Graduation.

U.N.I.C.O. Sponsors Golf Outing

Plainfields' Unico Chapter of South Plainfield invites you and/or your foursome to join them on Monday, May 17 at the Beaver Brook Golf Club in Clinton. Registration is 12 noon with a shotgun start at 1 p.m. A buffet dinner will be served at 6 p.m. and awards and prizes will be at 7 p.m. There will be a \$10,000 putting contest, longest drive, closest to the pin on all par 3's, low net and low gross prizes. The Calloway system will be used for scoring. The cost for the day, including green fees, cart, buffet dinner, locker and storage, is \$110 per person.

Gold and Silver Corporate Sponsorship are still available. Dinner only is \$25. For information call Mike Cortese at (908) 561-1539 or Dick Grillo at (908) 754-1653.

AARP Chapter 4144 Meeting

Myrtle Beach, SC is the destination of a seven-day, six-night trip planned from Sunday, April 25-Saturday, May 1. The cost is all inclusive, except for lunch. A double room is \$490 and a single is \$585. A complete itinerary is available upon request.

Call Mary at (732) 752-3764 or Lee at (732) 968-6613 for information or reservations. For information about how to join the chapter call Mary at (732) 752-3764.

Historical Society Plans Harbor Cruise

The South Plainfield Historical Society will be sponsoring a New York Harbor Cruise from Perth Amboy on Sunday, May 30, aboard the *Cornucopia Princess*. Boarding will be at 11 a.m. from the Smith Street Dock. The cruise begins at noon and returns at 2:30 p.m.

This is a 2½-hour "Buffet Cruise," which includes pastas, omelettes and carving stations. Brochures and tickets are \$40. Price includes tax and gratuities.

Call Bill Tuthill at (908) 756-9654 or Mary Mazepa at 754-3503 for further information. Send your check or money order to South Plainfield Historical Society, P.O. Box 11, South Plainfield, NJ 07080 by May 25.

Our Lady of Czestochowa Events

Blessing of Easter Food

Our Lady of Czestochowa will hold its annual blessing of Easter food on Sat, April 3, 11 a.m.-noon and 1-2 p.m. in the Parish Hall.

Tourette Syndrome Meeting

The next meeting Association Family Support Group will be held on Tuesday evening, May 11 from 7-9:00 p.m. at JFK Hospital, 65 James Street, Edison, in the Neuroscience Institute Department.

Meetings this year will be held on Sept. 14 and Nov. 9. For more information call Debbie, 732-283-1439 or www.tsanj.org.

PBA Local 100 to Sponsor Car Show

PBA Local 100 is sponsoring a car show on May 22, 1-7 p.m. on Cragwood Rd. Rain date is May 23, 9 a.m.-3 p.m. Admission is free.

Enjoy good food, browse vendor booths, as well as arts and crafts. A live band and D.J. is scheduled. For information, call (908) 756-4466.

Senior Trip to Atlantic City

Sign ups are being taken for the senior trip to the Tropicana and the Senior Festival on April 29. The cost is \$10 for a resident and \$15 for non-residents. The bus leaves at 7:45 a.m. and returns at approximately 8 p.m.

The first stop will be the Tropicana Casino where you receive \$10 in coins and a free brunch. The bus will depart at 3 p.m. and take the group to the new Atlantic City Convention Center and pick up there at 6 p.m. for the return trip.

Sign at the PAL Building located on Maple Ave.

First Baptist Church Spring Fashion Show

Women's Evening Circle will be sponsoring a Spring Fashion Show on Saturday, May 1 at 2 p.m.

Clothing and accessories, compliments of Dress Barn and Dress Barn Plus, will be modeled by members. The cost is \$10 per ticket. This event is a fundraiser for the church general fund.

Ticket information may be obtained by calling Midge at (908) 561-0482.



Photos By SnapShot Greetings

In celebration of the first day of Spring, Rita's Italian Ices on Park Avenue gave away free Italian Ices to every person that stopped by the store. Over 1,100 ices were given away. Rita's is now open for the season.

MILESTONES

Birth

Leporinos Become Grandparents

The Leporinos are proud to announce a new grandson, who was born on March 25 at JFK Medical Center, Edison. Matthew Norayr Ozbalik was born at 10:41 a.m. and weighed 8 pounds, 6 ounces. The proud parents are Dr. Norayr and Patricia Ozbalik of 3229 Clark Lane

in South Plainfield.

Special wishes of love are sent from his brothers Brandon and Christopher, cousins Andrew, Danielle and Kimberly, aunts, uncles and Grandma and Grandpa Emil and Janice Leporino of Oak Manor Pkwy.

Get in the Swim! Community Pool Offers Early Bird Discount

Summer is just around the corner! Now is the time for residents to get in on South Plainfield's premier social scene. Sign up for the Community Pool before April 15 and save money.

This year the pool will offer a variety of programs including swimming lessons and a recreation program for children in the pool compound as well as top-notch and fun competition on

their award-winning swimming and diving teams.

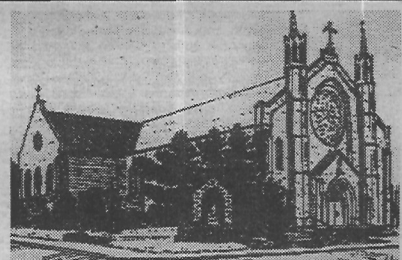
Registrations are now being accepted at the PAL Building located on Maple Ave. Take advantage of the reduced prices and sign up before April 15. Membership rates are \$200 for a family, \$120 for individuals, \$45 for senior citizens and \$175 for a husband and wife.

Other memberships are available. Call (908) 226-7713 for details.

Sacred Heart Church

149 South Plainfield Ave.
South Plainfield, NJ

Very Rev. Michael A. McGuire, Pastor



Mass Schedule:

Saturday Evening Mass 5:45 p.m.

Sunday 7:45, 9:00, 10:30 a.m. and 12 Noon

Weekdays 9:00 a.m. (church)

Monday Eve. Mass with Miraculous Medal Novena Prayers 7 p.m.

Holy Days 7 p.m. (Vigil); 7, 9 a.m., 12:10 p.m. and 7 p.m.

Sacrament of Reconciliation

Saturday 11 a.m.- 12 noon, 5:15 -5:45 p.m.

and after 5:45 p.m. Vigil Mass

To find out
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South Plainfield

Visit the Borough's WEB SITE at

southplainfieldnj.com

Mayor & Council • Boro Officials and Agencies • Police - Fire - Rescue Squad • Recreation: summer fun, game scores & cancellations • Seniors Corner • Youth Activities • Professional & Business Directory • Community Bulletin Board • Yard & Garage Sales, Classifieds, Messages

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From the South Plainfield Library

Bookmarks

By Kenneth Morgan

No, April 1 was yesterday and this isn't a late addition to the parade of practical jokes. This is indeed this week's column from South Plainfield Library. Trust us, we wouldn't fool you about that.

The Library will be closed today for Good Friday and on Sunday for Easter Sunday.

Next week, we'll again follow our normal storytime schedule. The program will take place on Tuesday at 10:30 a.m., Wednesday at 6:30 p.m. and Thursday at 1:15 p.m. They're for children ages 3 and up; no registration is needed. To find out more, call us at (908) 754-7995 and ask for Linda Hansen.

The next meeting of the Friends of the Library is set for Tuesday at 7:30 p.m. Members of the public are welcome to attend. Refreshments will be served.

Don't forget about our Open House on Sunday, April 11, from 2-4 p.m. Everyone is invited to come over and have a look at our refurbished library. Refreshments will be served, but please don't spill anything on our new tables.

Today, this month's group of tapes from the Video Circuit is available to the public. For more information, please check the title list at the main desk. The videos will be here until April 25. We've also got the new group of books from the Large Print Circuit in place. On the other hand, the Book-on-Tape Circuit is between groups at the moment. They'll return later on in the month.

At present, you may notice a few gaps in the Reference collection.

This is because we're in the middle of giving that section a bit of an update. We hope to have new volumes in place very soon. Until then, please check with a Librarian if you can't find the information you're looking for.

Of all the books in our collection, best sellers are in arguably the highest demand from our patrons. So, we make a special effort to keep you informed about them and make them easily available. Every week, we post the *New York Times* Best Seller list at the main desk and on our catalog terminals. The lists are marked according to which books aren't available, which are currently in our collection (they're marked with a red check at the desk) and which are presently on order (those are marked "0.0" at the desk). We make our selections based on this list, as well as patron requests and the additions to the very popular Oprah's Book Club. We then place a priority on getting the best sellers ready for circulation with some books rating multiple copies. If there's a best seller, or any other book you're interested in, let us know and we'll see what we can do. But be prepared to wait, as some potential best sellers get reserved by our patrons before publication. (This provides incentive for you to check the "Upcoming Books" flyers at the desk.)

That's about all for us this week. Next Friday, we'll have more news; please be sure to stop by.

Oh, don't forget to set your clock ahead one hour. Daylight Savings Time starts on Sunday. We wouldn't fool you about that, either.

New Jersey Author at Library

On Sunday March 21 the South Plainfield Library offered a special presentation and book signing by Arlene Zatz. Those who attended were treated to a slide presentation of a wide variety of New Jersey areas. The locations ranged from events such as a



Arlene Zatz

re-enactment of a rescue from a ship at sea and boating in the pine barrens to winter's frozen wonders at the Delaware Water Gap and the famous mill in Clinton N.J.

Arlene Zatz has written five books, all dealing with aspects of

life outdoors in New Jersey. Her work has been seen in many publications such as *National Geographic World Magazine*, *The New York Times*, *The Star Ledger*, the *Philadelphia Inquirer* and more. She has won numerous awards and offers slide/talks presentations on a variety of nature oriented subjects.

Her books include *30 Bicycle Tours in New Jersey*, *New Jersey's Special Places*, *Best Hikes With Children in New Jersey* and *The New New Jersey's Great Gardens*.

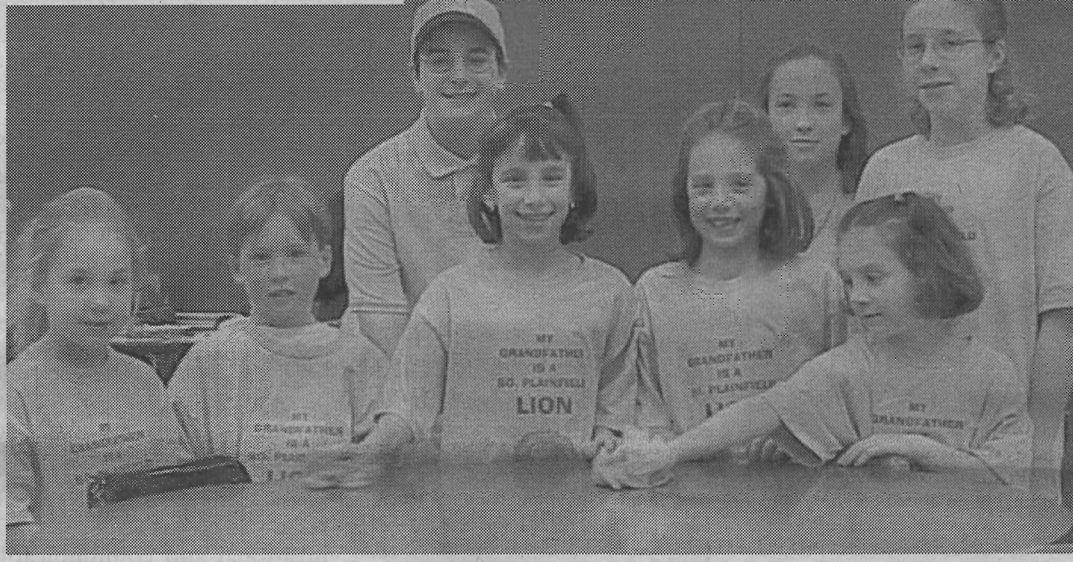
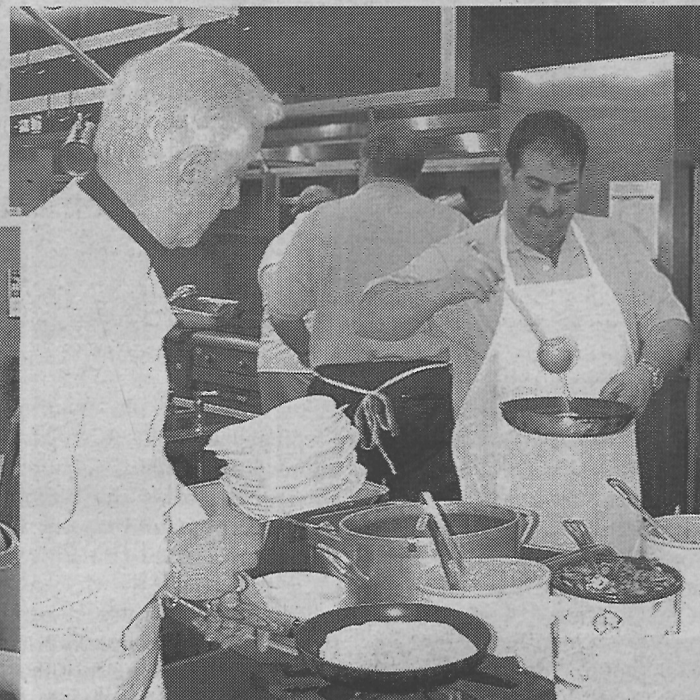
Lions Sponsor Palm Sunday Breakfast

By Patricia Abbott

The South Plainfield Lions held their annual Palm Sunday Breakfast, something Lion's Club members have been doing for over 25 years. The fundraiser supports the international community service groups that assist the visually and hearing impaired. The bountiful meal included pancakes, sausage, french toast and omelettes, made to or-

der. There was plenty of coffee, tea, milk and juice available as well. The well-attended event pleased everyone, from the youngest who nibbled on eggs,

to the senior citizens, who enjoyed a leisurely breakfast. If you missed this year why not plan to attend next on Palm Sunday, 2000!



No "Democracy Day" Vote This Year

Councilman Vinnie Buttiglieri announced that there will be no Democracy Day vote taken this year. Democracy Day was designated so voters can say yes or no when a borough project will cost \$1 million or more. The council has promised to abide by results of the vote taken on Democracy Day.

Buttiglieri said this year the council has no major project that which will need a million dollars, therefore no vote is needed. He

said he advised the Taxpayers Advisory Committee and they agreed.

Instead of the vote, a mailing to each resident will be made in the middle of April. It will contain the three questions that are usually on the Democracy Day voting ballot: "List three things you would like the mayor and council to focus on this year."

The ballots will be due back on May 15 and the Taxpayers Asso-

ciation has agreed to tabulate the results. Buttiglieri asks that residents take the questionnaire seriously, give their suggestions and mail back their responses so they can be heard.

Candidates' Night Set for April 12

The district PTAs/P.T.S.O.s of South Plainfield will host their ninth Annual Board of Education Candidates Night at John E. Riley School located at 100 Morris Ave. The event will be held on Monday, April 12 from 7:30 to 9:30 p.m.

Moderator will be Ms. Ann Armstrong, member of the New Jersey League of Women Voters, who has experience in this area.

The format will be a two minute opening statement from each of the candidates. Responses will be limited to one minute for each question, a rebuttal of one minute is allowed. The evening will conclude with a two minute closing statement.

Coffee and refreshments will be served.

Have you recently become engaged, married, given birth, retired or been promoted?

SEND US YOUR GOOD NEWS, along with a photo (if available), to *South Plainfield Observer*, 530 Union Ave., Suite 3, Middlesex, NJ 08846 and we will publish it in Milestones. Please include a self-addressed, stamped envelope if you would like your photos returned.

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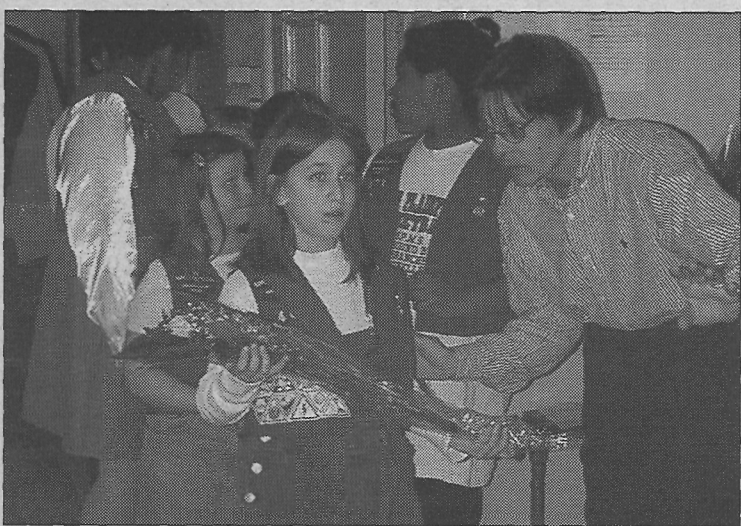
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Come and See for Yourself!

Local Girl Scouts Earn Silver Award



Daisy Troop 8 Brownies prepare to present flowers to Silver Award recipients.

By Patricia Abbott

The Silver Award is the second highest honor a Girl Scout can achieve. On Sunday, March 21, ten South Plainfield Girl Scouts received their Silver Awards in a ceremony at Wesley United Methodist Church. The girls, both Cadettes



Erin Mackey speaks about her Silver Award project.

and Seniors, had to complete detailed community service projects for their Silver Award.

From Senior Troop 2, Alison Butrico, Kristin Gilson, Julie

Palmer, Heather Pedersen and Stephanie Prybella received the award. Struck by the devastation of tornadoes across the country, Alison Butrico chose to work with the American Red Cross for her project. Through the elementary schools and the library Alison set up collection stations for health care items such as toothbrushes and soap. The items filled close to 100 individual Friendship boxes. She

"On my honor, I will try; to serve God and my country, to help people at all times, and to live by the Girl Scout Law."

also promoted support for the American Red Cross through a display at the library.

Kristin Gilson and Julie Palmer combined their love of craft projects with their Silver Award project. They were determined to brighten the lives of patients at Children's Specialized Hospital by

supplying craft projects for the recreation program. Their efforts were two-fold, they created a craft of their own; forget-me-not flower magnets as incentives for local Girl Scout leaders and their troops to donate items. Once armed with the supplies they organized and packaged ten each of eight different crafts complete with all necessary supplies and instructions. The crafts were placed in file boxes and delivered to the hospital.

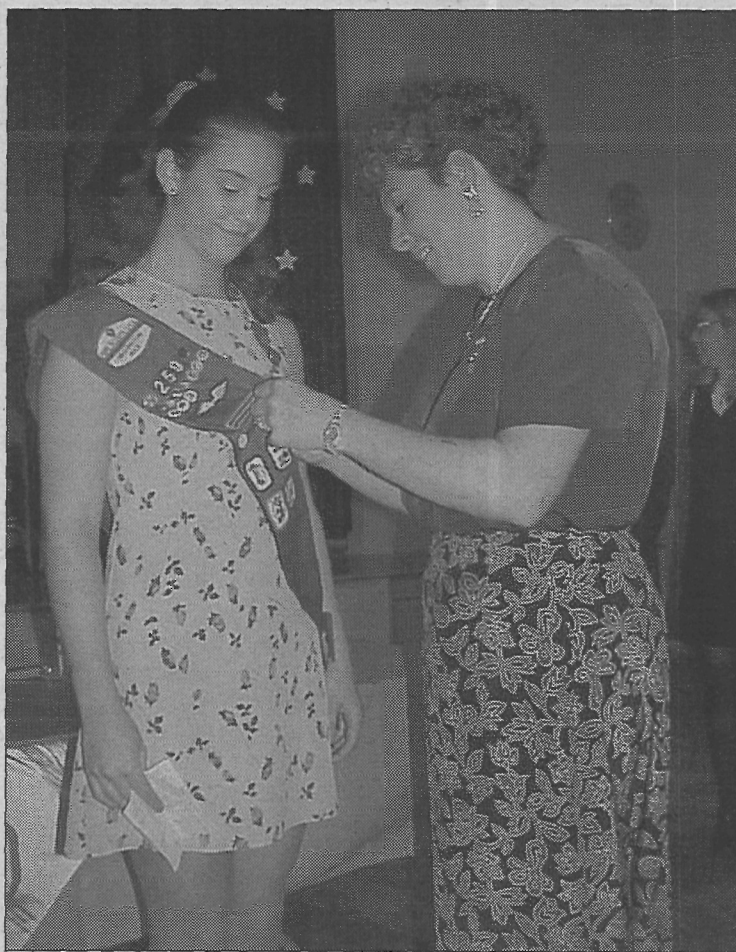
Heather Pedersen and Stephanie Prybella got a quick course in motherhood and day care experience from their Silver Award project. Over the summer they organized a Mother's Day Out program. The offered their childcare services over a two week period providing mothers an hour or two for themselves. The girls watched the children and had planned activities to keep the youngsters entertained.

Receiving Silver Awards from Troop 521 were Erin Mackey and Alison Tietjen. Erin knew her project would involve working with younger children. She established a childcare/tutoring program at an elementary school. Once a month from September to June she provided a variety of games and puzzles as well as homework help. During the course of her project she developed positive relationships with the children and became a mentor to many of them.

Alison Tietjen is a Girl Scout with a love of sports. She took this interest a step further and created a project that provided quality time for mothers and sons. She organized a Mother/ Son Dance with a sports theme at an elementary school. The project involved utilizing her organizational and communication skills. She worked with many different people and learned how to delegate responsibilities. She created a sports trivia contest for the boys. Her project concluded with a successful event full of happy boys and their moms.

Silver Award recipients from Troop 259 were Mary Otowski, Cheryl Yates and Stefanie Zarra. Their project focused helping those devastated by hurricanes George and Mitch. The began a campaign for food, clothing and monetary donations from the community. In just one month they collected over 200 boxes of items and made a donation to the American Red Cross. They learned that with just a bit of effort anyone could make a difference. Mayor Dan Gallagher was on hand to help present the awards. Also participating in the award ceremony were members of the scouting community; Connie Palmer, Patricia Anderson and Joanne Otowski, Karen Haber of the Washington Rock Girl Scout Council spoke offering her congratulations to the girls.

The flag ceremony was conducted by Brownie Troop 678. Junior Troop 690 served refreshments and Daisy Troop 8 presented each award winner with flowers. The day ended with a rededication candlelight ceremony. The flames from each candle seemed to represent the bright spots each girl had provided in the lives of both strangers and family alike. Their hard work on the many projects reflected the Girl Scout Promise: "On my honor, I will try; To serve God and my country, to help people at all times, And to live by the Girl Scout Law."



Mary Otowski receives her Silver Award.

What is the Girl Scout "Silver Award?"

By Joanne Otowski

The Silver Award recognizes a girl's effort in a wide range of Girl Scout experiences, as well as her commitment to working to better her life and the lives of others.

There are four requirements to be completed before a girl can start her project. In all of the requirements, the girl works closely with her Troop leader and other partners and advisors towards the completion of her Silver Award.

The first of these requirements is to earn three interest project patches. The purposes of these patches is to improve the skills the girl already possesses. The interest project patches should be related to the final Silver Award project the girl has in mind.

The second requirement is to earn the "From Dreams to Reality Patch" or the Career Exploration Interest Project Patch. Whichever one of these the girl chooses to complete, the purpose is to explore and learn about the many careers possibilities open to women.

The third requirement is to earn the Cadette Girl Scout Leadership Award or the Leadership interest project patch. The purpose of this requirement is to strengthen the girl's leadership abilities and skills. She must spend at least 25 hours in a given leadership role.

The fourth requirement for earning the Silver Award is to complete the Cadette Girl Scout Challenge. This is a challenge to become the best possible person that the girl can be. This Challenge involves knowing yourself, developing values, contributing to your community and knowing about Girl Scouting.

After completing these four requirements, a girl is ready to begin her Silver Award Project. She must design the project, implement the project and carry it out to its conclusion. This project is a personal action plan for helping others which builds upon accomplishments made in Girl Scouting, in addition to all that was learned by completing the first four requirements for the Silver Award.

The project itself has four steps:

First to decide what talents and abilities the girl would like to put into action through a project that will improve the lives of others.

Second, to think about her values, what she cares about and how she would like to make something better. She must develop a plan that will use her personal strengths to help others. This may involve school, the community, a religious group or Girl Scouting.

Third, to identify the people with whom she will work. Those who will help and guide her as well as those whom she hopes to help and those who will benefit from a project.

The final step is to carry out her plan. This final step should take at least seven hours.

When completed the project is something the Girl Scout can be proud of and take pride in having come so far in Girl Scouting.

The South Plainfield Girl Scout Community is very proud of these young ladies who have worked so diligently these past months to earn Girls Scouting's second highest award — The Silver Award.

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SPORTS

Junior Baseball Club Notes

This year's Booster Weekend was a great success. The club wishes to thank all of the players, parents, businesses and patrons for their participation and support.

The final "Coaches Clinic" was held on March 23. The topic was practice organization. The session was presented by Rick Sabol, head baseball coach at Somerville High School. The club thanks Rick for his time.

Preparations at the complex are moving forward. Over the weekend, a small work detail installed the windscreens on the backstops, hung the new scoreboards on fields two and three, and applied a special conditioner to the infields of Field 1 and 2. The club has scheduled work details for the next two weekends to prepare the complex for the upcoming season. All are welcome to stop at the complex to lend a hand. Work details are scheduled for Saturday April 3 at 7 a.m.; Saturday, April 10 at 7 a.m. and Friday, April 16 at 4 p.m.

The club is organizing a trip to see the Trenton Thunder on Friday night, May 14. Tickets are \$13, which includes admission, hot dogs, soda and a souvenir cup. Contact John Rayho at 754-8904 for tickets and more information.

Woman's Auxiliary

The Woman's Auxiliary will be selling "cash and carry" flowers at the complex on Opening Day. The flowers will consist of eight-inch hanging baskets (Geraniums, Fuchsia, New Guinea Impatiens, Proven Winners and Verbena) and two-three gallon perennials.

The SPJBC Dance will be held on Saturday night, June 12, from 7 p.m. to midnight at the Polish National Home on New Market Avenue. Tickets are \$35, per person and must be purchased by May 29. A \$10 deposit is required and must be received by May 15. Admission includes an open bar, buffet, entertainment and tickets for great door prizes. Groups may reserve tables. Contact any member of the Woman's Auxiliary or call Cindy Eichler at 908-769-4047.

Contact the SPJBC ... Clubhouse 908-754-2090 or email spjbc99@aol.com.

Events at a glance

Work Detail - Saturday, April 3

Work Detail - Saturday, April 10

Work Detail - Friday, April 16

OPENING DAY - Saturday, April 17

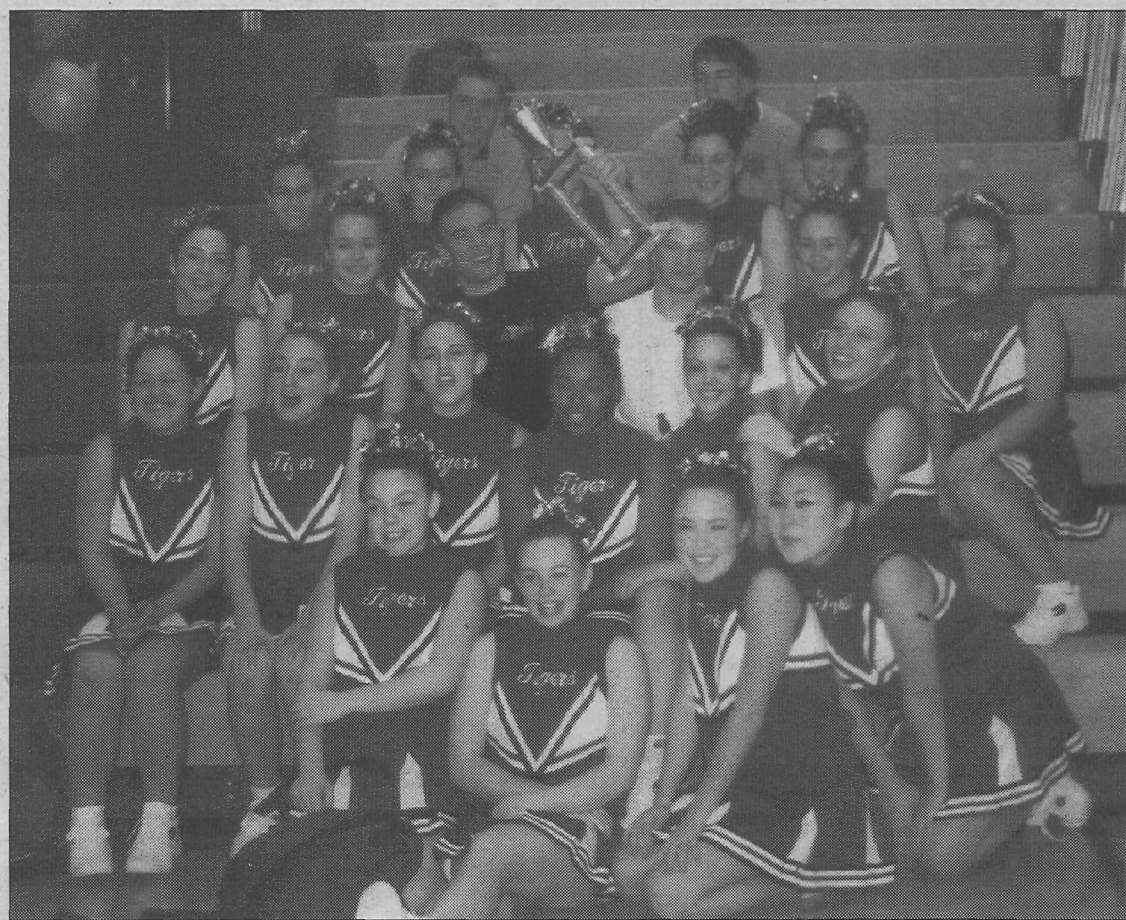
Trenton Thunder Trip - Friday, May 14.

We Have a Winner for Little Miss Baseball 1999!

Congratulations to Kelly Downes for being chosen this year's Little Miss Baseball. The other participants were: Katie Baldasaare, Nicole Brooks, Dorothy Cameron, Vanessa Cassano, Ashley Ann Chosney, Allison Huffsmith, Chelsea Hunt and Amanda Hunterdon. Thank you

girls for your participation and we look forward to seeing you all in the Opening Day parade on April 17. We raised over \$750, this year which will pay for the Opening Day programs.

Thank you to everyone who supported these girls and we look forward to a great season.



South Plainfield High School Competition Cheerleading Team

Cheerleading Competition Team Makes Waves

By Brian Cochran

You probably never knew they existed ... but they do. You probably never knew they practice five nights a week for two hours a night ... but they do. You probably never knew that they consistently travel out of town, sometimes far out of town, and bring home various first, second and third place titles ... but they do. "They" would be the South Plainfield High School cheerleading competition team.

During their first year in existence the Tiger team, which began the season in December, traveled to Lonape, NJ for the "express all-

star tournament" and came home with second place honors.

The team consists of 20 girls and three guys performing high intensity cheerleading routines which include such stunts as "chairs," "liberties," "scorpions," and "twist downs." The season began in December and runs through March and averages five tournaments per year. "Most of the strong teams come from South Jersey," says Ms. Leanne Roudi who, along with Mrs. Georgeann Larson, coach the team and orchestrate the rigorous two hour a night practices.

A mid-season match up in

Carteret saw the Tigers win first place honors and more recently on March 19 the Tigers traveled to Emerson and took home multiple first place awards: co-ed cheer and dance division - first place, co-ed cheer only division - first place. Taking home individual honors were Lacey Walters for best tumbling with Jennifer Infante and Jennifer Butrico taking firsts in the jumping division. You probably never knew there was yet another branch of South Plainfield High School out there contributing to the great reputation of Tiger pride ... but there is and now you know.

Novak Inducted into Hall of Fame

Continued from page one

at South Plainfield until 1984, winning 92 games and setting several defensive records and was named "Coach of the Year" in 1981.

He is a charter member of the NHPS Hall of Fame for Community Service. He served as North Plainfield mayor for 15 years. Steve

now serves as Recreation Coordinator in North Plainfield.

He has won several other coaching awards from the National Baseball Coaches Association and won the NJSIAA Sports Award in 1993 for his contribution to interscholastic athletics.

Steve resides in North Plainfield with his wife, Barbara and their two

sons, Steven, a Junior at Draw University and Thomas, a North Plainfield student. He has been an educator at South Plainfield High School for over 30 years.

Novak gave thanks to his former players, longtime Assistant Coach Bill Mosca, Athletic Directors and especially to his wife Barbara.

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IN OUR SCHOOLS

Denise DiMeglio Reports...

NOTES FROM THE MIDDLE SCHOOL

Hi! I'm Denise DiMeglio, and I'm an eighth grader at SPMS. There's been a lot going on here during the past month. February 1-5 we had School Spirit Week. We had Hat Day, Tie Day, Sports Day, Team Color Day and Green and White Day. If you participated, your class got a point. All the points were added up and given to your Battle of the Classes team, which would end the week. On Friday of the same week, the annual pep rally was held during periods nine and ten. The sports teams and cheerleaders got to show their talents, while the band played Jock Jams tunes. Our mascot, the Tiger, ran around the gym getting the observers pumped. That evening the Battle of the Classes was held. Six teams, two from each grade, participated. Prior to the event, one

girl and one boy was picked from each homeroom and put on a team. Sixth grade had a red and black team, seventh grade had a blue and green team, and eighth grade had a gold and burgundy team. The teams also got points by creating a poster. After school, team members went to Ms. Kardos's art room and created a poster which was displayed to the judge's panel. The panel was made up of teachers and parents. There was also a cheering match. The goal: to make as much noise as possible for your team. Each team raced the opposing team of their grade, but the ultimate goal was to beat the whole school. The activities included the over and under, baton relay, foul shot, scooter race, hula hoop and tug-of-war.

The eighth grade gold team was

the overall winner. They went undefeated against the burgundy team, and also scored a perfect ten for their noise. At the end of the night they were awarded blue ribbons for their success. All profits from admissions and refreshments went toward the Tiger Gold Program, which rewards extraordinary behavior.

On February 12, the Valentine's Day Dance was held. Mr. Limyan-sky, a seventh grade math teacher, was the D.J. and kept the place dancing all night. Refreshments were sold by the student council.

The sixth grade Battle of the Books was held on Tuesday, February 23, in the Information Center. Sixth grade volunteers met together twice a week before school to prepare themselves for the big event. Each team, which consisted of either five or six readers, had to read fifteen books during the weeks prior to the competition. Then, while being cheered on by parents, the teams answered questions based on the books. Each team was asked a question and had thirty seconds to answer it. If the answer was correct, they earned eight points. If it was wrong, the team would receive no points, and a new question would be given to the next team. After ten rounds, the team with the most points won. In this case, the winners went undefeated, answering all ten questions correctly. Jessica Manning, Jessica Kizman, Christina DeFrancisco, Stephanie Stellakis, Jamie Jakubik and Lauren Darr went on to compete against fifth grade teams from the four elementary schools at John E. Riley School.

The teachers had a role in the battle as well. Mrs. Haus was the timekeeper, Mrs. Port was the scorekeeper, and Dr. Shelton and Mrs. Wolpert asked the questions. Mrs. Shrank, the librarian, was the coordinator of the event.

Drama tryouts were held on Friday, February 5. Rehearsals began the week of February 8. The actors, directed by Mrs. Capizola, and assisted by Mrs. Trusewicz, will be performing *Squad Room* on April 30.

It is unfortunate if you have missed these events, but there are many more to come. I hope to see you there!



Sunny skies prevailed at Riley School field day held last Friday. The event was originally scheduled to allow teachers the opportunity to learn the computer technology necessary to instruct their students in use of the internet. Downed phone lines caused the plans to be aborted but the field day continued as planned. The workshop was rescheduled for late May, and the student body will enjoy a second field day.

Photo by Pattie Abbott

Latch Key Kids Get Their "Hands On" Science

Children participating in the after school Latch Key Program have been working on a Hands-On Science Project, which teaches kids to learn by challenging their minds.

Some of the projects include: using a microscope and a magnifier to analyze rocks, finger printing, making motorized cars,

learning about electrical circuits and many other science projects. They also learned about architecture with toothpicks and marshmallows and they made kites.

The project was sponsored by AT&T, Exxon, Dow Jones & Co. IBM Corporation, Johnson & Johnson and Lucent Technologies, Inc.

Get Ready, Get Set, Go!



Roosevelt School children make a dash for the eggs at the recent Easter Egg hunt.

Photo by Patricia Abbott



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Middle School Announces Honor Roll Students

High Honor Roll

Grade 8

Christopher Addvensky, Joseph Adorna, Christopher Baron, Jenny Cai, Jody Chepulis, Michael Chrysanthopoulos, Meredith Cooper, Joseph DeAndrea, Christina Dematos, Denise DiMeglio, Kelly Eustice, Christine Furka, Alexander Huynh, James Plate, Elayne Russell, Anthony Santos, Prasanna Sridharan, Janine Turrisse and Matthew Wells.

Grade 7

Elaine Alexander, Kaitlin Bundy, Tarryn Carlton, Ryan Decker, Brittany DeNitzio, Martina Ganiaris, Tara Israel, Wendy Kollarik, Ankit Patel, Daniel Sierzega, Carly Stoeckel, Alexander Tierney, Adam Toth and Katherine Whalen.

Grade 6

Michael Benak, Pasquale Cantarella, Brian Cantor, Nicholas Curcio, Peter DeAndrea, Stacey Diana, Allison DiMeglio, Kaitlynn Disch, Johnathan Donahue, Michael Downes, Michael Duquette, Jeffrey Eng, Karen Estonactoc, Keenan Gaynor, Lauren Haus, Kevin Lahey, Linda Lee, Jessica Manning, Stefanie Miller, Kathleen Morgan, Brian Murtagh, Cynthia Nguyen, Huan Khoa Nguyen, Daniel Piwowar, Jessica Senz, Stephanie Stellakis, Kelly Thomas, Marybeth Tran and Michael Williams.

Honor Roll

Grade 8

Alain Amazan, David Anthony, Katherine Baldessari, Heather Barrett, Jason Basile, Christine Benak, Christina Bojarski, Quien Bowe, Tiffany Boyle, Milton Bravo, Lauren Brobeck, Gary Curcio, James Curcio, Jay Cushner and Kristina Cwiekalo.

Kristina De Lillo, Jared Dembia, Jason DeSantis, Jenna DeSimone, Martin Diamant, Christopher Diana, Kimberly Dziomba, Julian East, Nicole Esposito, Abbalonia Falato, Kristen Fredericks, Amanda

George, Nybil Ghanem, Jamie Glowacki, Dale Goberdhan, Shelly Graziano, Nicholas Green and Kristen Gumina.

Kelly Harty, Thomas Haus, James Hearne, Marianne Hebreo, Amanda Hermann, Christopher Imbrosciano, Apprameya Iyengar, Michael Jankoski, Rodney Jones, Lauren Kaczka, Amit Kalia, Michael Kasmer, Michelle Kravetsky, Neva Lawson, Brandon Lindgren, Christina Lorange and Carlton Lovett.

Dominick Mascolo, Sejal Mehta, Daniel Melick, Christina Millard, Alexis Montanaro, Danielle Morris, Jamie Morris, Harry Mowrey, Richard Muglia, Minh Nguyen, Kristen Nietzer, Jaclyn Noonan, Kristina Ogonowski, Ellery Pagala, Laura Paniton, Avinash Patel, Chirag Patel, Herry Patel, Krupa Patel, Rupel Patel, Gabriela Pineda, Steven Porcelli, Kyle Prendergast, Cynthia Prybella and Megan Pulomena.

John Rayho, Michael Raynes, Joseph Reach, Judith Ringel, Eva Rodriguez, Cynthia Ross, Bridget Schirripa, Meaghan Schweers, Jennifer Silhanek, Danielle Skoba, Joseph Smalley, Steven Sobel, Daniel Stallone, Allison Stolloff, Stephanie Swierc, Denise Vita, Ryan Vroom, Michael Wiczorek, Nicole Woo, Frank Wrublevski and Victoria Zappi.

Grade 7

David Allara, Michael Alvarez, Almasa Amini, Danielle Aronowitz, Christopher Baillergeau, Robert Barone, Victoria Boley, Jonathan Buggay, Joseph Bundy, Kristie Butrico, Nicole Carlson, Michael Carmon, Ryan Cornell, Jason Cosma, Lori Cushner and Justin Czarnik.

Joseph DeBiase, Christinna Del Genio, Frank Dietzold, Claire Dolling, Brian Edwards, Catherine Flannery, Michael Fry, Jocelyn Galdamez, Miguel Garcia, Jaime Gaughan, Dana Genova, Sarah

Continued on page 11

Adult School Trips Still Available

The South Plainfield Adult School has space available for the following trips for the Spring Semester.

326. Mets Opening Day—Monday, April 12, \$38. Bus leaves 10 a.m.

336. Les Miserables, Broadway Musical—Tuesday, April 13, \$59. Bus leaves at 5:45 p.m.,

312. Walking Tour of Millionaires' Row, NYC—Sunday, April 18, \$39. Bus leaves at 8:30 a.m.

331. Sound of Music, Broadway Musical—Wednesday, April 21, \$69. Bus leaves at 5:45 p.m.

287. Australia & New Zealand with optional post-Rotorua and Fiji ext.—April 23, \$3,999 per person, 16 days/13 nights, based on double occupancy. Call for itinerary.

334. Footloose, Broadway Musical—Sunday Matinee, April 25, \$79. Bus leaves at 1:00 p.m.

310. Branson (America's Live Entertainment Capital)—Tuesday, April 27, \$999 per person based on double occupancy. Call for itinerary.

337. Cats, Broadway Musical—Saturday Matinee, May 11, \$59. Bus leaves at 12 noon.

333. Rent, Broadway Musical—Tuesday, May 1, \$79. Bus leaves at 5:45 p.m.

338. Atlantic City Cruise (Black Whale)—Saturday, May 15, \$49. Bus leaves at 7:30 a.m.

313. Walking Tour of Roosevelt Island, NYC—Sunday, May 16, \$39. Bus leaves at 8:30 a.m.

332. Smokey Joe's Cafe, Broadway Musical—Wednesday, May 19, \$59. Bus leaves at 5:45 p.m.

309. Bronx Zoo, Sunday, May 23, adults-\$35, children-\$29. Bus leaves at 9:00 a.m.

320. Splendor of the Meiji Treasures of Imperial Japan and Longwood Gardens,—Saturday,

June 12, Bus departs at 8:00 a.m.

291. Alaska Discovery Land and Cruise (12 days)—June 29-July 10, \$3,422 per person based on double occupancy. Includes all taxes. Deposit of \$250.00 per person. Featuring a seven night cruise on Celebrity's Mercury. Call for a day-by-day itinerary.

315. Parks & Canyons Spectacular—July 4-July 16, \$2,249 double occupancy. Price includes airfare from Newark. Deposit of \$250 per person is required. Call for day by day itinerary.

284. Trapp Lodge, Vermont—July 11, \$675.00 per person double occupancy. Deposit of \$100 per person is required. Call for itinerary.

330. Canadian Rockies—July 14-25, \$2,619 per person based on double occupancy. Trip includes roundtrip airfare, \$250 deposit; cancellation waiver-\$60. Call for day by day itinerary.

293. Great Trains of Europe—Thursday, August 5-17, \$3,412 per person based on double occupancy. Deposit of \$250 per person. Includes airfare and 20 meals.

221. Country Inn and Cape May (An elegant gourmet dining weekend)—August 27-29, \$329 per person, based on double occupancy. Deposit of \$100 required. Call for itinerary.

341. U.S. Tennis Open (Daytime)—Monday, August 30, \$550. Bus leaves at 9:00 a.m.

342 U.S. Tennis Open (Evening)—Tuesday, August 31, \$50. Bus leaves at 4:00 p.m.

316. Hawaii—Friday, Oct. 8-17, \$1,789 double occupancy. Deposit of \$200 per person is required.

321. Spain and Portugal with optional three night Madeira Island

ext., \$2,424 per person based on double occupancy. Cancellation insurance \$110. Deposit of \$250 per person required. Call for day-by-day itinerary.

317. Hawaiian Islands Cruise—Regal Princess—Oct. 30-Nov. 9, inside cabins, \$2,499; outside cabins, \$2,699. A deposit of \$450 per person is required. Call for day-by-day itinerary.

340. Walt Disney World—Wednesday, Nov. 10-14, adults-\$599 per person based on double occupancy, children under 17-\$329 with two adults in room. Deposit of \$200.00 per family is required. Includes roundtrip airfare from Newark to Orlando.

324. Sicily, Land of Myths and Legends and Rome (10 days)—Nov. 12-21, \$1,967 per person based on double occupancy. Deposit \$250 per person. Call for full itinerary.

343. Christmas in Provence with Paris and the French Riviera—Sunday, Nov. 28-Dec. 6, \$1,799 per person based on double occupancy. \$250 per person deposit is required. Call for Itinerary.

344. Niagara Falls Weekend (Festival of Lights), including Toronto—Thursday, Dec. 2-5, \$399.00 per person based on double occupancy. \$50 deposit per person is required.

339. Victorian Christmas Festivities in Newport RI—Saturday, Dec 11-12, \$329 per person based on double occupancy. \$50 deposit is required per person.

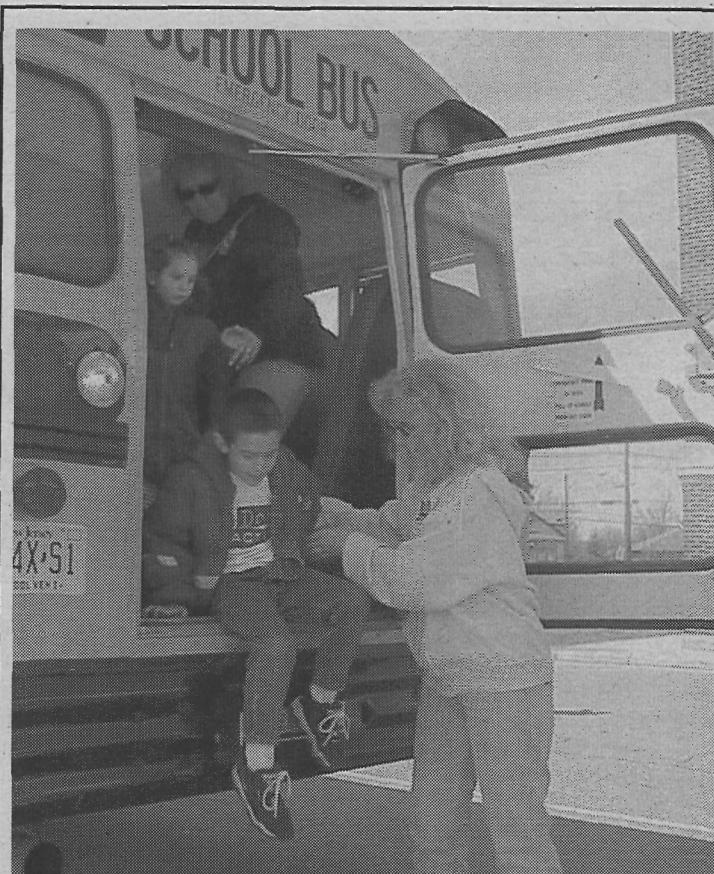
345. New Years in Spain, Featuring five nights in the Costa Del Sol—Sunday, Dec 26-Jan 3, 2000, \$2742.00 based on double occupancy. Includes airfare. Deposit of \$300.00 is required. Call for day by day itinerary.

325. California Rose Parade in New Years' 200 (With optional two-night Las Vegas)—Tuesday, Dec. 28-Jan 2, 2000, \$1729 per person based on double occupancy. Includes airfare. Deposit of \$300 is required.

294. Alpine Explorer with Glacier Express and Oberammergau Passion Play—August 21-31, 2000, \$3,262 per person based on double occupancy. Deposit of \$300 per person is required. Call for day by day itinerary.

Call to put your name on the list for information on the following trips:

Mets Game Summer of 1999, Yankee Game Summer of 1999 and Radio City Christmas Show.



South Plainfield Schools Transportation Supervisor Cathy Feeney, along with bus drivers Kathy Murano and Libby Graham, have begun traveling to each of the grade schools to teach children how to safely evacuate a bus in an emergency. This is the first time the procedure has been taught to the entire student body. Previously the demonstration was held for those who rode the bus. Cathy Feeney and the drivers believe the students should know these important procedures as they apply to any bus. The children were shown the emergency windows on each side of the bus as well as a hatch on the roof. The drivers demonstrated opening all the exits including the back door. The children were all allowed to exit via the emergency door.

Auditions for "Snoopy"

That loveable dog who is part of the "Peanuts" gang has his own musical, and this family show will be presented at the Edison Valley Playhouse beginning on June 4 and running weekends through June 26.

Auditions for SNOOPY!!! will be held on Sunday, April 11 and Thursday, April 15, at the playhouse from 7 to 9 p.m. The show is looking for three men and three women ages 18-30 and one younger girl age 10-17 for the

part of Woodstock which will require strong dancing skills. All characters have singing parts except for Woodstock.

Bill Seesselberg will be directing, with Joan Stasio as musical director.

The Edison Valley Playhouse is located in Edison at 2196 Oak Tree Rd., the corner of Woodland Ave., one block from Park Ave, in Edison. For information, call 908-756-0539 or the playhouse at 908-755-4654.

Riley School Registration

Registration for Riley Kindergarten Orientation Program is scheduled for April 12, 9:30-11 a.m. and April 15, 12:30-2 p.m. in front lobby of Riley School for children entering Kindergarten in September, 1999.

Join us and explore the school, teachers and staff. Classes meet on

Mondays in May. There will be two sessions to choose from: mornings from 10-11:30 and afternoons from 12:20-2. Please bring child's immunization records for the school nurse and \$2 for snacks.

If you have any questions, call Tracey Izzi at 755-8240 or Nancy Wagner at 668-7365.

What's Going On?

Find out in the *Observer*.

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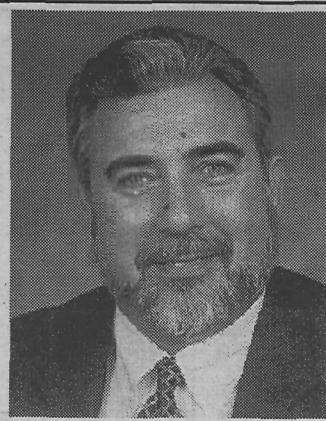
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EASTER WEEK SCHEDULE

Palm Sunday Services
8:00 & 11:00 a.m.

Holy Thursday Service
7:00 p.m.

Good Friday Services
3:00 pm. & 7:00 p.m.

Holy Saturday
7:00 p.m. Service and Mass

Easter Sunday Masses
8:00, 11:00 and 12:15

Obituaries

Helen C. (Busa) Zmuda, 79

Helen C. (Busa) Zmuda of South Plainfield died on Wednesday, March 17 at the Muhlenberg Regional Medical Center in Plainfield.

She was born in Cannonsburg, Pa. and was a former resident of Plainfield before moving to South Plainfield 35 years ago.

Mrs. Zmuda was a salesperson for the former Two Guys From Harrison in Watchung.

She was a communicant of Our Lady Fatima RC Church in Piscataway.

She was predeceased by her husband, Joseph Zmuda, who died in 1975.

She is survived by three sons, Joseph F. Zmuda Jr. of Palm Harbor Fla., Robert A. Zmuda of Piscataway and William E. Zmuda of South Plainfield; two daughters, Carol A. DiDario of Dunedin, Fla. and Nancy Zmuda of South Plainfield; a sister, Elizabeth Fedish of Edison; a brother, John Busa of Linden; nine grandchildren and four great grandchildren.

Funeral services were held at James W. Conroy Funeral Home.

Mildred G. Crowe, 79

Mildred G. Crowe died on Sunday, March 14 in Muhlenberg Regional Medical Center in Plainfield.

*Because
We
Care*



by Robert Hunter

WORDS FROM BEYOND

If those who have passed from this world could speak to us, what would they say? Perhaps they would speak the words of Henry Scott Holland - "Death is nothing at all. I have only slipped away into the next room. I am I and you are you. Whatever we were to each other, that we are still. Call me by my old familiar name, speak to me in the easy way you always use. Put no difference into your tone, wear no forced air of solemnity or sorrow... What is death but negligible accident? Why should I be out of mind because I am out of sight? I am waiting for you, for an interval, somewhere very near just around the corner. All is well."

While those we cared for may no longer be able to give us the comfort of their physical presence, we can continue to love and honor their unique combination of qualities. Death need not dull our memories or affections, but burnish them all the brighter. The JAMES W. CONROY FUNERAL HOME provides personal and courteous assistance in arranging end-of-life services to members of all faiths and beliefs. To schedule a consultation, call 756-2800. We are located at 2456 Plainfield Avenue in South Plainfield.

"The dead don't die. They look on and help."

- D.H. Lawrence

Born in Tuckahoe, NY, she had resided in Plainfield before moving to South Plainfield 47 years ago.

She had been a homemaker and a communicant of Sacred Heart Church in South Plainfield.

Her husband, John "Jack" Crowe, died in 1992.

Surviving are a daughter, Linda Joyce Coffman of Annapolis, Maryland; a son, Robert J. Crowe of North Brunswick; a sister, Tessie Ciriselle of Tuckahoe, NY; four brothers, Peter and John Gallo of Toms River, Carmen Gallo of South Plainfield and Larry Gallo of Westchester County, NY. Also surviving are five grandchildren.

Funeral services were held at McCriskin Home For Funerals.

Claire R. Raiello, 65

Claire R. Raiello died on Friday, March 19 in Muhlenberg Regional Medical Center in Plainfield.

Born in New Brunswick, she had resided in Plainfield for 20 years before moving to South Plainfield in 1990.

She had been presently employed as the office manager for Hmicleski Trucking of Somerset for the past nine years.

Mrs. Raiello was a communicant of Sacred Heart Church in South Plainfield.

Surviving are her husband, Joseph J. Raiello, two daughters, Patti-Jo Urban of Bound Brook, Faye Sandor of Sacramento, Calif.; two sons, Joseph J. Raiello, Jr. of South Plainfield, Frank Sandor of South Plainfield; two brothers, Mickey Haefner of New Brunswick and Bobby Haefner of Sacramento, Calif. Also surviving is one grandson.

Funeral services were held at McCriskin Home For Funerals.

Florence (Lopilato) Ardis, 90

Florence (Lopilato) Ardis of South Plainfield died on Saturday, March 20 at her home.

She was born in Brooklyn N.Y. and was a former long time resi-

dent of Yonkers, NY before moving to South Plainfield a year ago.

Mrs. Ardis was a bookkeeper for Consolidated Foods in Mt. Vernon, NY for many years before retiring in 1985.

She was a member of the Italian American Club in Yonkers.

She is survived by her husband, Emanuel Ardis; two stepsons, Robert Ardis of South Plainfield and Dennis Ardis of Houston Texas and seven grandchildren.

Funeral services were held at James W. Conroy Funeral Home.

Agnes C. Gaydos, 74

Agnes C. Gaydos died on Sunday, March 28, at her home.

Born in Newark, she had resided in Irvington for many years before moving to Maplewood 13 years ago.

Mrs. Gaydos was a self-employed bookkeeper, and had done consulting work for the insurance industry, including a variety of Insurance Agencies in the Central New Jersey area.

She was a communicant of Sacred Heart R. C. Church in the Vallsburg section of Newark. She was a member of the National Association of Insurance Women.

Surviving are a son, Gregory C. Gaydos of South Plainfield and two grandchildren, Victoria Gaydos and Sean Pender.

Funeral Services were held at McCriskin Home For Funerals.

Zena (Columbus) Capobianco, 74

Zena (Columbus) Capobianco of South Plainfield died on Friday, March 26, at Muhlenberg Regional Medical Center in Plainfield.

She was born in Indianola Mississippi and has lived in South Plainfield for the last 60 years.

Mrs. Capobianco was a customer service representative in the branch operations department at the United National Bank in Branchburg for 19 years before retiring in 1995.

She was a member of Sacred Heart Church in South Plainfield and a former member of the Italian American Club in North Plainfield.

She was predeceased by her husband, Anthony J. Capobianco, who died in 1974.

She is survived by two sons, Anthony R. and Ronald J. Capobianco, both of Flemington; a brother, Charles Columbus of Locus Grove, Virginia and two sisters, Lucy C. Smalley and Louise Ignoscia, both of North Plainfield.

Funeral services were held at James W. Conroy Funeral Home.

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Health & Fitness

The Three Components of Total Fitness

By Ken Andes, BA, CFT

With the summer months approaching, everyone's looking for the fastest way to get in shape. The truth is that achieving real fitness involves three basic components that must be integrated into your life. If done properly and with a bit of commitment, incorporating these three elements into your life isn't that hard at all, and in fact will give you a new sense of well being that many have never felt before. These three components are diet, exercise and lifestyle.

Let's start with four tips to modify your diet so you can lose fat without hunger pangs.

Eat 5-6 small meals per day. Aside from the obvious advice on reducing junk food and foods that are high in fat (notice I said reduce and not eliminate), a great way to lose weight without experiencing hunger pangs is to eat the same amount of food that you do now, just spread it out over 5-6 small meals instead of "the big three". That's right, you can eat the exact same amount of calories that you do now and still lose weight. By eating 5-6 small meals during the course of the day you will be keeping your body in a constant state of metabolism which will help to burn off excess fat. This is because whenever you go without eating for more than five hours, your body will begin to think that it is starving and will actually begin to store fat in the interest of self-preservation. Eating a small snack once every 3-5 hours will keep this from happening and will also keep you from overeating because you feel like you're starving. Also, eating 5-6 smaller meals during the day is an excellent way to have an increased level of energy and vitality as it prevents the drastic drops in blood sugar level that many often experience during lunch and dinner time. So if you want to lose excess fat and feel great at the same time, go ahead and have a small snack in between meals. Your body will thank you for it.

Follow the 1:2:3 rule. The 1:2:3 rule is that for every meal you eat, try to have one part fats, two parts protein and three parts carbohydrate. If you eat a meal that has fifty calories coming from fats (butter, sour cream, animal fat, etc.), try to include one-hundred calories from protein (meat, cottage cheese, soy products, eggs, etc.) and one-hundred and fifty calories from carbohydrates (fruits, vegetables, breads, etc.). A common mistake is that many people consume too little protein and way too much carbohydrate

and fat. This will ensure that you get a healthy ratio of nutrients at each meal. The 1:2:3 method of eating will also keep your fat intake at a low level while still giving you adequate protein to build muscle and a good amount of carbohydrates for energy.

Drink lots of water. Try to drink at least 6-8 glasses of filtered water each day. Be sure to drink more if you are exercising regularly. Drinking enough water is important for all functions of the human body and cannot be emphasized enough. It will improve your complexion and enhance your ability to exercise. Also, be sure to drink a glass of water about 30 minutes before you eat. This not only ensures that you receive enough water but it will also curb your appetite and prevent you from overeating during meals. Remember that when we feel hungrier it is often because the body needs water rather than food. Drinking plenty of water is invaluable to your fitness goals.

Take a multi-vitamin/mineral supplement. Do you know anyone who eats completely healthy all the time? I don't. That's why it's important to supplement your diet with a good multi-vitamin and mineral supplement. The scientific research that has been done in recent years shows that almost all adults do not get an adequate supply of vitamins and minerals from their diet and a good multi-vitamin would be a wise investment for us all. Just remember that not all vitamins are of the same quality and you should make informed choices when you shop at the health food store. Stay tuned for more info on vitamin selections in the future.

Well, folks, there you have it, four painless modifications to your diet that will program your body to burn excess fat and have a greater level of energy. Go ahead and give these suggestions an honest try. Do it for your health, do it for you.

Next time I will discuss the second component to fitness, exercise. No, exercise need not be boring or painful. In fact, if it's done correctly it can become almost addictive. In my next column, I'll introduce several proven and effective exercise methods to build muscle and lose fat at the same time.

Ken Andes is an internationally certified fitness trainer and the owner of American Renaissance Martial Arts located in South Plainfield. Ken is available for fitness consultation and martial arts instruction and can be reached at (908) 412-1777 or at ArmaAcademy.com.

Applications Being Accepted for Part-Time Communications Operators

The South Plainfield Police Department is currently accepting applications for the position of Communications Operator. The minimum requirements for this position are:

- 18 years of age or older.
- Graduation from a high school or vocational high school or possession of an approved high school equivalent certification.
- A citizen of the United States.
- Be able to accurately type a minimum of 20 words per minute.
- Currently certified by a New Jersey Public Safety Answering Point to answer the 9-1-1 System (including completion of the Emergency Medical Dispatch course).
- Currently certified by a Law Enforcement agency to use the Criminal Justice Information System as a "Full Access-Operator."

Please submit a resume no later than April 2. If you have any questions, contact Sgt. Michael Grenier at (908) 226-7673.

Preferences will be given to South Plainfield residents. The Borough of South Plainfield is an equal opportunity employer.

Middle School Honor Roll

Continued from page 8

Green, Vincent Gulino, Janice Hussain and Jamie Irber.

Katherine Kaczka, Heather Kaufman, Kyle Kazimir, Christopher Kelly, Kristen Kunie, Brittany Lee, Pauline Lee, Courtney Leporino, Ian Levine, Heather Loenser, Kristina Lopez, Jordan Lynch, Charlyn Magat, Jennifer Martinez, David Miglis, Eileen Milcarek and Danielle Nobile.

Timothy O'Brien, Ngozi Okparaekae, Laura Papp, Francesca Pasquale, Anuy Patel, Natalie Picciottoli, Bonnie Pornovets, Michelle Puskas, Yorka Ralwins, Amanda Rastelli, Ashley Ritchey, Jessica Rodger and Josef Rodriguez.

Michael Salerno, Matthew Santone, Rachel Schwartz, Jason Setlow, Guy Severini, Susan Smela, Lisa Sniscak, Rachel Tambone, Chiara Tomei, Stephen Turrise, Jeremy Vesper, Kenneth Wakefield, Shawn Welch and Robin Zushma.

Grade 6

Shakellah Amini, David Andes, Bliss Armstrong, Christopher Bakazan, Dawn Besser, Shakera Beverley, Adam Bianchi, Ashley Bishop, Erika Blaszak, Christopher Bojarski, Laura Boldo, Matthew Boley, Jennifer Braco, Manuel Bravo, Alyssa Bubnick, Vijay Budhan and Gerry Butrico.

Trisha Capparelli, Fabian Castellano, Nicholas Cesare, James Charneco, Timothy Cheng, Mallory Christ, Toni Ciccio, Kristin Coffey, Katie Crilley, Ginger Crosby, Rachel Cupido, Jessica Dabrio, Lauren Darr, Louana DeLosSantos, Douglas Dietzold, Christina DiFrancesco and

Cassandra D'Urso.

David Eichler, Caitlin English, Anna Ferrer, Heather Flood-Cristello, Melanie Foscolo, Kimbely Gaub, John George, Allia Ghanim, Grant Gianneschi, Carolina Gomez, Kendall Green, Nicholas Grego, Sara Grillo, Jeffrey Grubesch, Melissa Hansen, Joseph Helgesen, Crystal Holloway, Phu Doung Huynh, Jamie Jakubik and Latoya Johnson.

Michelle Kalman, Colleen Kamen, Katherine Kelliher, Peter Kelly, Ryan Kenny, Thomas Kiczula, Jessica Kizmann, Qiana Lightner, Jason Lowe, Kyle Luthman, Kurtis Maglaque, Victoria Maione, Aimee Maiorino, Alyssa Maiorino, Robert Maistickie, Krista Malecki, Christine Manfredo, Allan Mazurak, Kayleigh McGovern, Christopher McKnight, William Merkler, Jayne Merlo, Andrew Miller, James Milliron, Alicia Miranda, Dane Miyasato, Rosanna Mootoo, Gregory Morris, Jacqueline Muglia and Jessica Musolino.

William Padula, Jean Pagdonsolan, Abby Papa, Deep Patel, Purav Patel, Kristen Penkunas, Amanda Prybella, Patrick Pryor, Dwight Quichua, Alexandria Ramos, Patrick Reedy, Allyce Rettberg, Michael Richard, Todd Rivers, John Roesch and Julia Russell, Fernando Sandoval, Alison Schmidt, Jamie Schmidt, Rajiv Sewdat, Jaret Shelton, Justin Shelton, Rutva Shukla, Melissa Silva, Derek Smith, Alisha Stasenko, Melissa Sticco, Sara Sukenik, Darshan Suthar, Joseph Teller, Kurtia Thomas, Ashlen Udell, Vincent Velez, Erik Vesper, Kristine Werner, Kelly Whitney, Philip Zazzara, Brian Zielinski.

Weekly Horoscope

ARIES - 3/2-4/18 Hey Aries, try dating a fellow Aries or perhaps one of the twins, Gemini. Any nagging pains, it may be nothing but just the same have it checked out. Aries, a word with you, let go of any revenge, guilt or shame you've been harboring toward another. It can only bring sadness.

TAURUS - 4/19-5/20 Go out and buy yourself something with all the work you been doing on your personal commitments. They are coming together now! You may want to respond to some calls that you have not returned. You may learn info that can benefit you. "KEEP A PROMISE."

GEMINI - 5/21-6/20 You go! An important job is given to you, and you pull it off aplomb. You can leap obstacles like that super hero with the "S." So do not jump the gun if April starts off a little slow. Your day this week is Wednesday. Your may find it difficult making up mind.

CANCER - 6/21-7/22 Do not avoid any matters that can become legal problems for you, and you know what I'm talking about! Save yourself the headache! Now is also a good time to start getting into shape for the summer. If you find a friend to work out with you all the more better.

LEO - 7/23-8/22 Leos, Leos, Leos, is it not time to stop playing hard to get? It's time to just say yes, within reason that is! Take some advice from your Libra friend and try to balance the scales between work, play, and rest. Avoid gossip at the workplace that tries to stir up trouble. Good days 4th and 5th.

VIRGO 4/23-9/22 Are you being pressed into making a decision about your love life? Well, you are going to have to make it. And I'm sure you already know the decision. This is also a good time to examine finances. Get them organized. Balance the checkbook. Clear up past due statements.

LIBRA - 9/23-10/22 You are somebody that needs a vacation. Too much stress is building because of money or situations at work. It can be emotionally draining. Where did I say to visit in last week's write-up? And one other thing - do not do anything you do not want to do! Color: ORANGE.

SCORPIO - 10/23-11/21 Look once again into contracts. We have a transit still hanging on. Before signing look at the long-term effects. If you are sad about a love relationship right now, things can turn around the 15th - a new moon. Just think before you speak. Handle your own money at this time.

SAGITTARIUS - 11/22-12/21 Get rid of that old appliance you have in the house. How many times can you fix it! Keep up that stiff upper chin, many feel defeat, but you still have a few tricks up your sleeve. You are surprising yourself as well as friends with your choice of a date.

CAPRICORN - 12/23-1/19 You are the goat. While climbing those cliffs at work you were able to pick out a path that is very beneficial for yourself. And people noticed, good going. If you are feeling romantically inclined, go with it. Intuition plays a big role here for you. Keyword, "HONESTY."

AQUARIUS - 1/20-2/19 Do not come on

strong in a relationship that is young. This person you may have met out of town has the eye for you. This one you need to let simmer first. This could be the "one". Also at this time the artistic side of you wants to come forward. And why not. WRITE.

PISCES - 2/20-3/20 Well, Pisces, you're shy but someone else who has an interest in you is also shy. So guess who should break the ice? You have good business ideas working. Just continue the pace you're at - not fast or slow. And Pisces, playing mind games won't win you friends. So stop it, that's not you.

INFO - Well my friends, did you learn a little about yourselves last week? I hope you had as much fun reading it as I had writing it. And keep in mind, it's always a help to read the other signs as that can be a guide about someone else's personality. I did not discuss the "CUSPS" of the signs. This is about a five-day period between signs when the sun leaves one sign and enters the next. You can carry the traits of both signs. And the astrology map of our lives just gets bigger. And remember, info that I share with you have been collected for over two thousand years. And it's still hanging around.

QUOTE: 2 Pisces Vs 2 Geminis in card game, who picked these teams?

POLICE REPORT

- While at Grand Slam, on Oak Tree Rd., a North Plainfield man reported the theft of his jacket. The jacket, containing his wallet and keys was left outside the batting cages.
- Therapedic on Helen St. reported that between 3-28 and 3-29 a Mack Semi/tractor was stolen from the property. The window had been popped and the truck was hot-wired. Unsuccessful attempts were made on two other vehicles. The trucks had been leased from Ryder. Prints were lifted from the other vehicles. There are no suspects.
- A resident near the Highland Ave. Woods Reserve reported a broken picnic table and missing signs from the reserve. The resident noted that there was an ongoing problem with individuals riding all terrain vehicles on the property as well as many dumping violations.
- Bill Luke of North Plainfield reported the theft of a stereo and equipment from his car while it was at J&L Auto Body on

Durham Ave. The equipment was valued at \$750.

• A Wadsworth Ave. resident reported his car broken into between 3/26 and 3/27. A cell phone was removed along with a wallet and all contents.

• A Plainfield Avenue resident reported the theft of a 40 ft. contractor's ladder from her yard. The ladder had been covered in the back of the yard and is valued at \$400.

• Vincent D. Rush of Newark was arrested at Staples, Hadley Rd. after he attempted to apply for a Staples card using false ID. The manager discovered the drivers license and credit cards were stolen and reported it to police. Rush was arrested when he returned to ask why his application was taking so long. The wallet had been stolen from a West Orange gym.

• Lizette Puelles of Perth Amboy was arrested at Home Depot for shoplifting a thermostat valued at \$89.

Classifieds

HELP WANTED

TEACHERS WANTED For South Plainfield Adult School in Saturday Scene Youth Program and Adult High School in the following areas: dance, computers, mathematics, English, history, science, English as a Second Language, adult basic education, GED, and deaf education. For info and application please call Jim Lennox at 908-754-4620, ext. 213.

EXPERIENCED CASHIER for P/T job. Experienced deli person for P/T position. (908) 755-6326/755-3663.

PART-TIME RECEPTIONIST for medical office. Will train. 908-756-5908. Leave message or ask for Randi.

PART-TIME MEDICAL ASSISTANT. Will train. Call 756-5908. Ask for Randi or leave message.

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MOVING SALE

7 PIECE BEDROOM SET, SOFA & love seat, tables, futon, household items, tools, clothes, toys, sporting goods, brick-a-brack, much more. 1606 Frase Street, So. Plfd., Apr. 9 & 10, 9AM.

FREE GIVEAWAY

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3 line minimum-\$10, \$1 per each additional line. To place a classified send your check to the Observer, c/o G & G Graphics, 530 Union Ave., Ste. 3, Middlesex, NJ 08846.

Deadline for next issue is Mon; Feb. 29.

Annual Easter Egg Hunt Attracts a Huge Crowd



Crowds of children and parents gathered early to get a good spot to gather scattered eggs at the Annual Easter Egg Hunt held at the PAL building last Saturday. The children brought all shapes of baskets and bags.

"Hoppy" the Bunny arrived in style on a fire truck just as the egg hunt was ready to begin. High school student Matt Wojick played "Hoppy" and spent the afternoon greeting each excited child. A long line of children formed early and continued throughout the event.

Recreation Director Mike English oversaw the scattering of eggs for each age group. Those with a mark won an Easter basket. All the children who participated received Easter candy to take home.

Mike English and his volunteers did a great job of crowd control with the numerous amount of kids and parents in attendance. All the volunteers did a fabulous job this year and should all be commended for their planning and participation!



March / April 1999

Meetings & Events

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Copy Deadline: Friday, 5 pm Advertising Deadline: Monday, 5 pm	22 Borough Council Agenda Meeting 8 pm	23 Recycling Comm. 8 pm Planning Board 8 pm	24 Traffic Safety Advisory Comm. 7 pm Court 9:30 am & 7 pm	25 Borough Council Meeting 8 pm	26 Sacred Heart Fish Dinner 5-7pm. Publication of <i>So. Plfd. Observer</i>	27 Easter Egg Hunt PAL Building 1 pm Elk One-Stop-Shopping 10-4, Elks Lodge
Palm Sunday 28 Lions Breakfast at the High School 8 a.m.-12 p.m.	29	30 Board of Education 8 p.m. Board of Adjustment 8 pm	31 Court 9:30 am & 7 pm	A P R I L 1 Taxpayers Advisory Group 8 pm First Day of Passover	2 Good Friday Publication of <i>So. Plfd. Observer</i>	3
Easter Sunday 4 First Day of Daylight Savings Time	5 Borough Council Agenda Meeting 8 pm Recreation Comm. Meeting 7 pm PAL	6 Board of Adjustment 8 pm	7 Business Advisory Group 5:30 pm Court 9:30 am	8 Borough Council Meeting 8 pm	9 Publication of <i>So. Plfd. Observer</i>	10 John E. Riley School Car Wash 9am-1pm
11	12	13 Library Board 7:30 pm Planning Board Meeting 8 pm	14 Environmental Comm. 8 pm Court 9:30 am & 7 pm	15	16 Publication of <i>So. Plfd. Observer</i>	17
18 Caring and Sharing Group Trip	19 Borough Council Agenda Meeting 8 pm Land Management Advisory Committee 7:30 pm	20 Board of Adjustment 8 pm	21 Court 9:30 am & 7 pm	22 Recycling Com. 8 p.m. Borough Council Meeting 8 pm	23 Publication of <i>So. Plfd. Observer</i>	24

Want to know what's going on in South Plainfield? Get home delivery of The Observer. Subscription form on page 9.