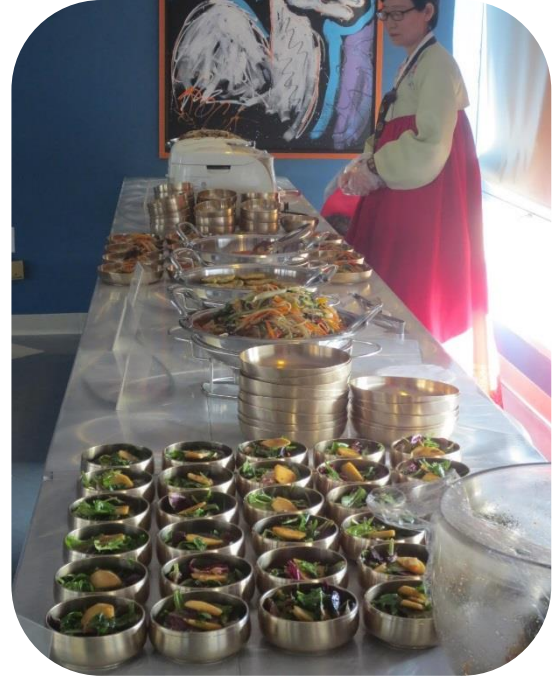


# Korean Cooking Demonstration & Lunch



Come and enjoy Korean food! The members of the Korean Spirit and Culture Promotion Project (KSCPP) will demonstrate four dishes: Rice with mixed vegetables (Bibimbap); Beef marinated in honey and soy sauce (Bulgogi); Braised soybean curd (Dubu Jorim) and Kimchi. After the class you will be served full meal including dessert. They will also explain the health benefits of these dishes and hand out the recipe book and other books on Korean history and culture.

The Korean Spirit and Culture Promotion Project is a non-profit organization that is dedicated to raising awareness of Korean history and culture.

Cooking Demonstration begins at 11:30am, with lunch served at 1pm.

**SATURDAY JANUARY 4**

**11:30AM-2:30PM**

**LIMIT OF 30**

**REGISTRATION REQUIRED**