South Plainfield Library Adult Program Calendar

| Sun | Mon | Tue | Wed | Thu | Fri | Sat |
|--|--|--|--|--|--------------------------------------|--|
| LIBRARY CLOSED EASTER SUNDAY | 2 PSGNB Job Search Skills Help 1-4pm By Appointment Only ESL Conversation Group 10:30am-12:30pm Monday Night Movie 6:30pm Murder on the Orient Express (pg-13) | 3 | 4 Mystery Book Club 4pm Cocaine Blues Wednesday Afternoon Movie 12:30pm Murder on the Orient Express (pg-13) | 5 | 6 | 7 |
| 8 Library Open 1:30pm-5pm Tea Wellness Meditation Seminar 2pm REG REQUIRED | 9 PSGNB Job Search Skills Help 1-4pm By Appointment Only ESL Conversation Group 10:30am-12:30pm Monday Night Movie 6:30pm Three Billboards Outside Ebbing Missouri (R) | 10 ESL Conversation Group 1pm-3pm Tuesday Book Club A Man Called Ove 4pm | Wednesday Afternoon Movie 12:30pm Three Billboards Outside Ebbing Missouri (R) | Meditation for Optimal Well Being 7pm REG REQUIRED | 13 | 14 Learn to Croche 14+ 10am Book Signing and Photo Workshop w Andrew Darlow 1:30-3:30pm |
| 15 Library Open 1:30pm-5pm | 16 PSGNB Job Search Skills Help 1-4pm By Appointment Only ESL Conversation Group 10:30am-12:30pm Monday Night Movie 6:30pm The Shape of Water (R) | ESL Conversation Group 1pm-3pm | Wednesday Afternoon Movie 12:30pm The Shape of Water (R) *Pizza Provided by Papa John's* | 19 | 20 | Franklin Delano Roosevelt "An Arsenal for Democracy" 2pm REG REQUIRED |
| 22 Library Open 1:30pm-5pm Reuse Regularity Replication Research | PSGNB Job Search Skills Help 1-4pm By Appointment Only ESL Conversation Group 10:30am-12:30pm Monday Night Movie 6:30pm Lady Bird (R) | ESL Conversation Group 1pm-3pm | Wednesday Afternoon Movie 12:30pm Lady Bird (R) | Friends of the Library Meeting 7pm | 27 | Learn to Crochet 14+ 10am |
| 29 Library Open 1:30pm-5pm Autism | 30 PSGNB Job Search Skills Help 1-4pm By Appointment Only ESL Conversation Group 10:30am-12:30pm | This informative presentation introd | ot Gardening 101 Reg duces the basic principles of Square Fo the seasoned and weary gardener loo | ot Gardening, and its innovative app | roach to vegetable gardening. This n | nethod is great for both the beginr |

Awareness Event Monday Night Movie 2-4pm 6:30pm

The Greatest Showman (pg)

5/10: 7pm Veggies and You: Plant Based Superfoods Reg. Req.

Do you want to add more whole, nutrient dense vegetables, grain and fruits to your diet? We'll cover the many health benefits of a plant based diet, basic nutrition, what products are available in the supermarket, why you might want to choose organic and non-GMO foods and transitioning to a more compassionate lifestyle. Handouts will include menus and recipes. Join Susan Rose, Vegetarian Lifestyle Coach who will present a simple meditation technique that can be practiced at home by young and old.